

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> CRD - Card Room FIT - Fitness Center LOB - Lobby MLT - Multipurpose Room PAC - Performing Arts Center	<b>March Birthdays:</b> Elaine Dunkle March 11 Joanna Davies March 15 Phil Otero March 18 Del Booher March 28 Rita Weiss March 29 Join us in the PAC at 4:00pm on Thursday March 7 to help celebrate this group of fine residents!	 <b>Sunday March 10 @ 2:00AM</b>	 <b>Thursday, March 21</b>		8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) <b>11:45 Minnesota Twins Vs. Boston Red Sox (LOB)</b> 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	<b>1</b> 9:45 Wake Up Your Brain (CRD) 10:30 Low Impact Aerobics (FIT) <b>11:00 Broadway Palm (LOB)</b> 7:00 Evening Movie
<b>3</b> 10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie	<b>4</b> 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 3:45 BINGO - (CRD)	<b>5</b> 9:00 Bocce Practice (Bocce Courts) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	<b>6</b> 8:30 Curls and Crunches (FIT) 10:15 Fitness Foundations (FIT) 10:30 Brain Teasers (LR) 11:00 Water Aerobics (Pool) 1:00 Wii Bowling (FIT) 1:45 * Publix and Walmart Shopping (LOB) 4:00 Dr. Adrian Kerr Presents... (PAC)	<b>7</b> 9:00 Bocce Practice (Bocce Courts) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour with Moon Over Miami (PAC)	<b>8</b> 8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 Brain Games: Famous Women in History (MLT) 1:00 Duplicate Bridge (CRD) 3:00 Check Up From The Neck Up! (MLT) 7:00 Evening Movie	<b>9</b> 10:30 Low Impact Aerobics (FIT) 7:00 Evening Movie 7:15 Estonia Hour (LR)
<b>10</b> Daylight Savings Time Begins 10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie	<b>11</b> 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) 11:00 TDM Tech Workshop (MLT) 3:45 BINGO - (CRD)	<b>12</b> 9:00 Bocce Practice (Bocce Courts) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	<b>13</b> 8:30 Curls and Crunches (FIT) 10:15 Fitness Foundations (FIT) 11:00 Water Aerobics (Pool) 1:00 Terraces Book Discussion (MLT) 1:00 Wii Bowling (FIT) 1:30 Renaissance Tour (REN MLT) 1:45 Publix and Coconut Point (LOB)	<b>14</b> 9:00 Bocce Practice (Bocce Courts) 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) <b>4:00 St Patrick's Day Happy Hour with DJ Ace (PAC)</b>	<b>15</b> 8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	<b>16</b> 9:45 Wake Up Your Brain (CRD) 10:30 Low Impact Aerobics (FIT) <b>1:00 Candie's Corner: Night Lights (MLT)</b> 7:00 Evening Movie
<b>17</b> St. Patrick's Day 10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie	<b>18</b> 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) <b>11:00 Phil Leto Presents... (PAC)</b> <b>1:00 Money Matters: How To Stretch Your IRA in the Current Tax" (MLT)</b> 3:45 BINGO - (CRD)	<b>19</b> 9:00 Bocce Practice (Bocce Courts) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	<b>20</b> 8:30 Curls and Crunches (FIT) 10:15 Fitness Foundations (FIT) 11:00 Water Aerobics (Pool) 11:00 Where Am I? (LR) 1:00 Wii Bowling (FIT) 1:45 * Publix and Walmart Shopping (LOB) 3:00 Friday Feud (MLT)	<b>21</b> 9:00 Bocce Practice (Bocce Courts) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) <b>2:00 Nature Talk: Sea Turtles Majestic Creatures of the Sea ! (MLT)</b>	<b>22</b> 8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 Who Am I? (LR) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	<b>23</b> 10:30 Low Impact Aerobics (FIT) <b>12:00 Prado Theater: Romeo and Juliette</b> 7:00 Evening Movie
<b>24</b> Palm Sunday 10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) <b>2:30 Purim Baking Session (ACR)</b> 4:30 Evening Movie	<b>25</b> 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) <b>1:00 National Waffle Day (CRD)</b> <b>3:00 Celebration of Purim (MLT)</b> 3:45 BINGO - (CRD)	<b>26</b> 9:00 Bocce Practice (Bocce Courts) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 3:00 Empath Home Health (MLT) 4:00 Cheer Time (Bistro)	<b>27</b> <b>10:00 Ask The Director (PAC)</b> 1:00 Wii Bowling (FIT) 1:45 Publix and Coconut Point (LOB) <b>4:00 Dr. Cimarusti Talks.... (PAC)</b>	<b>28</b> 9:00 Bocce Practice (Bocce Courts) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) <b>2:00 Turco Talks - "Frauds and Scams"</b> 4:00 Trivia Happy Hour with Val (Bistro)	<b>29</b> Good Friday 8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 At the Tropics Craft Session (ACR) 1:00 Duplicate Bridge (CRD) 1:30 Easter Traditions (MLT) 7:00 Evening Movie	<b>30</b> 10:30 Low Impact Aerobics (FIT) 7:00 Evening Movie
<b>31</b> Easter 10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie	 <b>Sunday, March 31</b>	 <b>Monday, March 25</b>			<b>Ask The Director Wednesday, 27 10:00am</b>	<b>Please check Dailies in Elevator for most up to date dates/times. Thank you!</b>