






SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY CRD - Card Room FIT - Fitness Center LOB - Lobby MLT - Multipurpose Room PAC - Performing Arts Center	 VALENTINE'S DAY WED. FEB 14	 PRESIDENT'S DAY	 Super Bowl Squares - \$4/each	9:00 Bocce Practice (Bocce Courts) 1 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Monthly Resident Council Meeting (PAC) 4:00 Happy Hour with Kel and Shel (PAC)	Groundhog Day 2 8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 Test Your Knowledge (CRD) 1:00 Duplicate Bridge (CRD) 3:00 Friday Feud (CRD) 7:00 Evening Movie	9:45 Wake Up Your Brain (CRD) 3 10:30 Low Impact Aerobics (FIT) 1:00 Card Makers: Valentine 7:00 Evening Movie
10:00 * Presbyterian Church Runs (LOB) 4 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 5 9:15 Arts and Crafts (Arts and Craft Room) 10:00 Allies Boutique (MLT) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 1:00 Aloha Lane Crafts (ACR) 3:45 BINGO - (CRD)	9:00 Bocce Practice (Bocce Courts) 6 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 7 10:15 Fitness Foundations (FIT) 11:00 Water Aerobics (Pool) 1:00 Wii Bowling (FIT) 1:45 * Publix and Walmart Shopping (LOB) 4:00 Dr. Adrian Kerr Presents... (PAC)	9:00 Bocce Practice (Bocce Courts) 8 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) 1:00 Nature Talk (MLT)	8:30 Core Fitness (FIT) 9 10:15 Balance and Stability (FIT) 11:00 Brain Teasers (CRD) 1:00 Duplicate Bridge (CRD) 1:00 Let's Build a Valentine's Day Trifle (Craft Room) 1:00 Red Cross Blood Drive (North Lot) 7:00 Evening Movie	9:45 Wake up Your Brain (CRD) 10 10:30 Low Impact Aerobics (FIT) 1:00 Pocketbook of Love Valentine's Tea (PAC) 7:00 Evening Movie 7:15 Estonia Hour (LR)
10:00 * Presbyterian Church Runs (LOB) 11 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Non Denominational Church Service (REN MLT) 5:30 SUPER BOWL SUNDAY! (PAC) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 12 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) 11:00 TDM Tech Workshop (MLT) 3:45 BINGO - (CRD) 4:00 Fifth Avenue Barbershop Quartet (PAC)	9:00 Bocce Practice (Bocce Courts) 13 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	Valentine's Day 14 8:30 Curls and Crunches (FIT) 9:00 Chatty with Patty (Sunset Lounge) 10:00 St. Leos Mass and Distribution of Ashes (MLT) 10:15 Fitness Foundations (FIT) 10:30 Chatty with Patty (Sunset Lounge) 11:00 Water Aerobics (Pool) 1:00 Terraces Book Discussion (MLT) 1:00 Wii Bowling (FIT) 1:45 Publix and Coconut Point (LOB) 2:00 Valentines Traditions (Living Room)	9:00 Bocce Practice (Bocce Courts) 15 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour with DJ Ace "The Trifecta of February" (PAC)	8:30 Core Fitness (FIT) 16 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 3:00 Hudak on Hollywood: "New Orlean Jazz" (PAC) 7:00 Evening Movie	10:30 Low Impact Aerobics (FIT) 17 7:00 Evening Movie
10:00 * Presbyterian Church Runs (LOB) 18 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	President's Day 19 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Presidents Trivia! (CRD) 11:00 Phil Leto Presents... (PAC) 3:45 BINGO - (CRD)	9:00 Bocce Practice (Bocce Courts) 20 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 21 10:15 Fitness Foundations (FIT) 11:00 Water Aerobics (Pool) 11:00 Where Am I? (CRD) 1:00 Wii Bowling (FIT) 1:45 * Publix and Walmart Shopping (LOB) 4:00 Dr. Cimarusti Talks.... (MLT)	9:00 Bocce Practice (Bocce Courts) 22 10:15 Fitness Foundations (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) 4:00 Happy Hour Trivia with Val (CRD)	8:30 Core Fitness (FIT) 23 9:30 Naples Botanical Gardens (LOB) 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	10:30 Low Impact Aerobics (FIT) 24 7:00 Evening Movie
10:00 * Presbyterian Church Runs (LOB) 25 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 3:00 Non Denominational Church Service (REN MLT) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 26 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 1:00 National Pistachio Day (Living Room) 2:30 Hudak on Hollywood (PAC) 3:45 BINGO - (CRD)	9:00 Bocce Practice (Bocce Courts) 27 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 3:00 Empath Home Health (REN MLT) 4:00 Cheer Time (Bistro)	8:15 Curls and Crunches (FIT) 28 9:15 Fitness Foundations (FIT) 10:00 Ask The Director (PAC) 11:00 Water Aerobics (Pool) 11:15 Brain Teasers (CRD) 1:00 Wii Bowling (FIT) 1:45 Publix and Coconut Point (LOB) 2:00 Family Feud (MLT)	9:00 Bocce Practice (Bocce Courts) 29 10:15 Fitness Foundations (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour with New York Rhythm (PAC)	Every Friday in February:  Rock The Red!	Valentine's in the Deleon  As you dine, let Askar Salimdjano, with Naples Philharmonic entertain you!

February 2024

The Terraces

