

# THE TERRACES TIMES

## APRIL 2024



**FGCU Spring Jazz Concert**  
**Tuesday, April 23**  
**3:00pm | PAC**

FGCU's Bower School of Music professor Brandon Robertson returns with his Spring Jazz concert. This season, he brings with him a very special guest: Legendary, Jazz Trumpeter Vocalist and Composer Benny Benack, III.

**651 Town Hall**

**with Ron Jennette, President/COO of Santa Fe Senior Living**

**Wednesday, April 24**

**10:00AM | PAC**



***The Passover Seder***

**Monday, April 22 - Tuesday, April 30**

Celebrate this Spring holiday in the PAC with a prayer service and Seder Dinner prepared by Chef Manny. Mindee will lead us in this tradition!  
Dinner charge \$ 36.00 - charged to your apartment  
See binder to sign up.

**Monday, April 22**

**5:00pm | PAC**



**"Where Flowers Bloom, so does hope"**

**- Lady Bird Johnson**

## IN THE NEWS:



### Farewell Philip Waters

For many years this marked his special place.  
An animated, witty resident - always a smile on his face.  
Philip provided us with humor and insight during times of joy and through global turmoil.  
Lest we not forget that he loved any and everything British and Royal.  
Philip was a devoted husband, family man, a talented artist and quite the Patriot.  
A genuine conversationalist that would happily share his tea and crumpets.  
Never at a loss for words albeit in person or on paper.  
He always acted the gentleman; and oh, so very dapper!  
He was the life of the party; full of laughter & fun!  
His words of wisdom came in all kinds of words & puns.  
Philip Waters will be missed beyond immense measure.  
For those fortunate to know him, you knew him to be a treasure!  
Godspeed to our British Gentleman as we retire his post  
His words and rhymes have earned a well deserved toast!

From your Friends in Lifestyles



**Fine Mark Round Table:**  
2nd Quarter Update: Wednesday April 3  
10:30am | MLT

### Succeeding Through Learning



Our 2024 Scholarship Fund Campaign is well underway! We are accepting donations every day from residents. Have you put your donation in the Scholarship Fund Box or handed it in to Deana Miller? You will find both in the Administration Office area.

They will be happy to see you!

On March 1, our employees received their Terraces Fund Scholarship Application forms. They are eagerly preparing their entries and obtaining the assessments and recommendations to complete their applications, due for submission by the end of April.

Your incredible generosity in the past has provided funding for our employee/scholars to achieve degrees in the areas of Nursing, Therapy, Engineering, Psychology and Social Work to name a few.

Let's keep them...

### "Succeeding Through Learning"

### National Sibling Day Wednesday, April 10



### WANTED:

Photographs of you and your siblings from the past or present! See Lifestyles by April 7th!

We want to show off you, and your brothers and sisters or sibling stand ins! Just in time for National Siblings Day!

## SPECIAL EVENTS/PROGRAMS

### A SPRING CONCERT

New Chorale of SWF Society  
Friday, April 5 | 3:00pm | PAC

New Chorale is back and Spring is in the air with their first of two concerts of the year! One Full Hour of musical favorites will fill our Performing Arts Center to help kick off the weekend!

### A Woodwind Musical Treat on Earth Day!

"The Earth has music for those who listen"  
~ Shakespeare

Time to listen and celebrate Earth Day with the musical duo, Jim and Gail Blackburn. Enjoy the beauty of two woodwind instruments (Sax and Flute), as you sample our Earth Day signature drink to salute our beautiful Earth on a spring afternoon!

Monday, April 22  
2:00pm | LR



### Some Earthly Knowledge ...

Simple tasks can help our planet Earth. Here are a small but important list of ways to celebrate this day:

- Reduce, reuse, and recycle. (Cut down on what you throw away)
- Conserve water ( the less you use the less runoff and wastewater that ends up in the ocean)
- Use long-lasting light bulbs. (These help reduce greenhouse gas emissions)
- Shop wisely (Buy less plastic bags by using recyclable bags)
- Choose sustainable. (Learn how to make smart seafood decisions—check out: fishwatch.gov)



### Aloha Happy Hour

### Join our Hawaiian Happy Hour!

Listen to Quiet Storm as you dance to music that will make you break out your hula skirts and Hawaiian Shirts! Indulge in some savory kebobs and other tropical treats!

Thursday, April 18

4:00pm | PAC

Aloha!

### Super Bingo Tickets!

Starting Monday April 8, tickets for Super BINGO go on sale at 3:30pm just before our weekly games. The ticket price is \$25 pp. This is a non refundable ticket.

Please Note: Lifestyles will be available at each Monday's BINGO program throughout April to purchase your Super BINGO ticket.

### SAVE THE DATE:

Our 3rd Annual Super Bingo is  
Monday, May 6 at 1:00pm!!



## HERE'S WHAT'S HOT AT THE TERRACES!

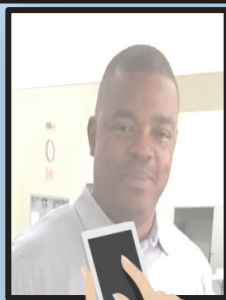
TDM TECHNOLOGIES PRESENTS

A Monthly Tech Class

Monday, April 8

11:00am | MLT

A tech class covering all your cell phone & computer issues, needs followed by Q&A session (5 min per pp)



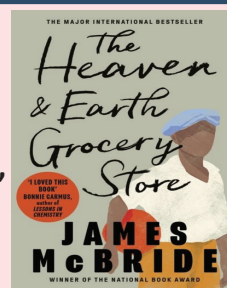
Terraces Book Discussion

Wednesday, April 10

1:00pm | MLT

"Heaven and Earth Grocery"

By James McBride



May's..Bookz

»Go.As.A.River« .by.Shelley.Reed



Plans are in the works for our annual Alzheimer's fundraiser. Our goal for 2024 is \$6600. Here are just a few details of what's to come later this spring to help us reach this goal!

- \* **Longest Day Merchandise:** Starting April 15, it's our newest Alzheimer's swag! We've got insulated shopping bags! So convenient, so stylish and a safe way to transport your perishable items from store to home on a warm Florida day. Branded with the Terraces and Longest Day logo. Makes a great fashion statement! All proceeds go directly towards our goal! See Lifestyles for purchasing.
- \* **Mayday Flower Grams:** Starting May 1, Let's continue our efforts by purchasing one, two or more purple carnations for a friend, neighbor, family or secret admirer for just \$5 each. It includes a sentiment tag to enclose a special message. Flowers will be delivered to the recipient on Friday May 9. All proceeds go directly to our annual goal.
- \* **A Scavenger Weekend:** The finale begins June 21! Clues, elephants and prizes in store. Stay tuned for more details as spring unfolds!

Voters Registration Clinic

Monday, April 15

10:30am - 1:30pm | MLT



A representative from our local elections office will be available for three hours to assist with re-applying for vote by mail. You can also update your registration if you have a new address or register any new residents to the state of Florida. No appointment necessary, just stop by!

Organize, Energize  
Your Closets



Kristin is back for a new edition on organizing your life! This time it's all about your Closets! Learn all the tricks that can save you space, time and creative energy! Sign up in binder!



Monday, April 1

11:00am | MLT



## APRIL OUTINGS

### Bonita Brunch is Back

The crowds have diminished (we hope!) and a table has been reserved at one of our very favorite breakfast spots! A great way to catch up with your new or veteran neighbors at the Terraces! See binder to sign up.



Saturday, March 20

Meet in lobby at 8:45am.

Terraces on the Town

Presents:



Monday, April 8

Meet in Lobby at 5:00pm

Join your fellow residents for a dinner out at one of North Naples finest ristorante!

Please see binder to sign up. Individual checks have been arranged. Reservation is set for 5:30pm. Semi private room.

Waitlist Available



The Addams Family

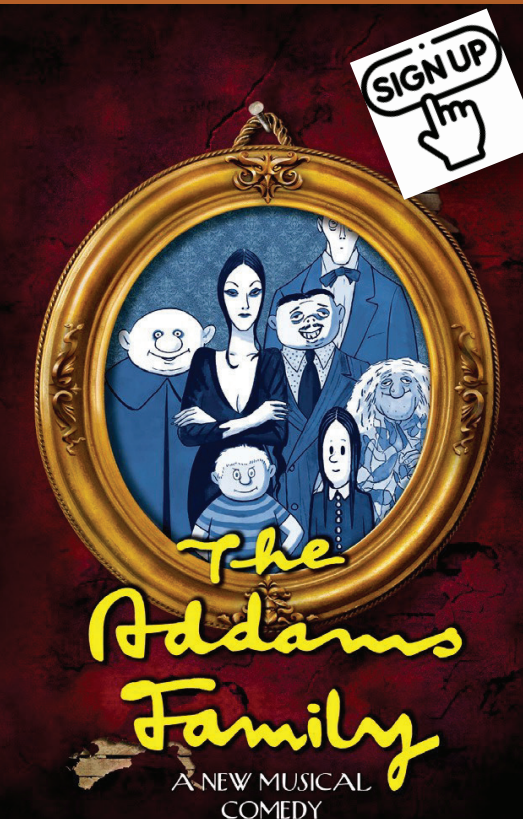
Saturday, April 27

Meet in lobby at 11:00am



America's darkest family comes to life in this comical feast that embraces the wackiness in every family and features an original story about love, family, honesty and growing up. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family. Everything will change on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents.

\$ 60.00 per person includes ticket, lunch buffet, round trip transportation. See binder to sign up!





## RESIDENT'S CORNER

Julia Hollenbeck	April 3
Kathie Lyons	April 3
Lucille Labarbera	April 5
Bob Dunkle	April 7
Renee Roelle	April 7
Dr. Bernard Feldman	April 8
JoAnn Buffo	April 10
Gloria Murray	April 10
Nancy Harper	April 11
Dr. Gerald Evans	April 12
Laura Lee Cravens	April 12
Richard Coolen	April 16
Jeanette Cropper	April 24
Shirley Ebel	April 25
Jane Earle	April 28

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Thank you, Team Terraces!

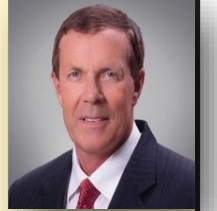


## LEARNING LABS

**Dr. Adrian Kerr**

**Wednesday, April 10 | 4:00pm | PAC**

**"Books That influenced the World—Part 2"**



For many centuries, books have been one of the central forms of entertainment for human-kind. Readers around the world invest countless hours escaping into new and unique worlds, losing themselves in the words and pages of books from various genres. While all books affect readers in different ways, history has shown that some books have a way of reaching and impacting large groups of people so that they are forever changed. These books can share knowledge, inspiration, and discoveries in various fields. They teach, influence, and alter the way we think. Sometimes these books are so important and enlightening that they help the world and its people evolve. In part one, we review the books that influenced the world from the ancient Greeks to American independence. In part two, we review the books that influenced the world from American independence to the present day.

**Phil Leto Presents...**

**"I Like Ike: Dwight D. Eisenhower"**

**Monday, April 15 | 11:00 am | PAC**



Dwight Eisenhower was elected US president on his first run for elective office. His path however, was one from the American heartland through West Point, rising through the officer's corps of the United States Army and eventually being named Supreme Allied Commander in Europe during World War II. "Ike" was elected President in a landslide in 1952 (with 39 year old running mate Richard Nixon) and reelected four years later. His highly underrated tenure would run through most of the 1950s: a time of great prosperity and innocence at home and the darkest, most suspicious and frightening years of the Cold War abroad.

*Coming soon: Immigration Policy, Ukraine- Russia, Israel-Hamas, China, Presidential trials, First Ladies...*

**Dr. Tom Cimarusti**

**Wednesday, April 24 | 4:00 pm | PAC**

**"A Pirate's Life for Me: Music and Songs of Maritime"**



Ahoy Mateys! Climb aboard as Blackbeard (aka Dr. Tom) introduces the music and songs of sailors, pirates, and everything in between. From Sloop John B. to Blow the Man Down, sea chanteys have become a part of American pop culture -- not just a treasured relic of the past. Bring your pirate hats and singing voices as we explore the instruments and songs of the sea.



# WELLNESS SPOTLIGHT

## Changes are coming to the Fitness Schedule!

You may have noticed an April Fitness Schedule in your in-house mailbox. Please take a minute to look it over as there are multiple changes to the schedule. When I first began teaching Fitness Foundations, most residents were exercising at a beginner to intermediate level. It's exciting to say that since teaching this class for over a year now, those that have participated regularly, have moved to more of an intermediate level! Unfortunately, residents who wish to begin their fitness journey are left behind.

This new format is perfect for someone who has been away from exercising for a while, or would like begin, but don't know where to start.

In order to offer classes that are appropriate for every fitness level,

I have added another class at a beginner's level. It's no secret that regular exercise is essential for healthy aging. This class includes aerobics, strength training, balance, and stability as well as flexibility exercises. We will start at the beginning, with safe and gentle exercises done in the chair, as we begin to build our fitness foundation. Classes are 30 minutes and are offered two times per week. If you are considering joining a fitness class, I encourage you to try the Fitness Foundations class, beginning Tuesday, April 2 at 10:15am.

If you already exercise and would like to join in an intermediate level class, please join us for Fitness Foundations Level II beginning April 2 at 9:30am in the Fitness Center!

If you have questions about which class would be best for you, please visit me in the Fitness Center, or call 949-7568.

### Presentation by Amy Lloyd, RN

Tuesday, April 23  
**2:00pm** | REN MLT

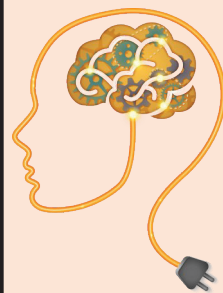
This Month's Topic:  
 "Get the Skinny on Protecting Your Skin"



### Blood Pressure Clinic Every 2nd, 4th Thursday Clinic - 11am - 12pm



### Mark Your Wellness Calendar:



**Your Brain and More in 2024:** Every Monday  
**Brain Games:** Friday April 5, 12  
**Brain Busters:** Wednesday April 10  
**Wake Up Your Brain:** April 6, 20  
**Brain Teasers:** April 26  
*Check your calendar for specific times and locations!*

### Alzheimer's Support Group

Meets 2nd Thursday of Month  
 10:00am | MLT  
 Join Alison Boyle for an hour support session every month!

# GET INVOLVED

## Mondays

Arts & Crafts 9:15am Craft Room  
 Bingo 3:45pm Card Room  
 \$5.00 = 2 cards



## Tuesdays

Bridge 1:00pm Card Room

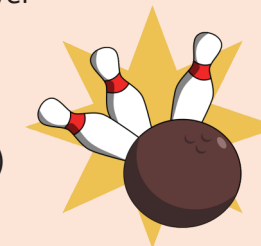
## Wednesdays

Mexican Train 6:30pm MLT  
 Poker 7:30pm Card Room  
 Please call Mike Stollmeyer  
 239-676-1934



## Wednesdays

Wii Bowling 1:00pm (FIT)



## Fridays

Duplicate Bridge 1:00pm Card Room  
 Please call Joanna Davies at 239-777-0581

### SIT AND CHAT HAPPY HOUR

**Date: Thursday, April 25**

**Location: Card Room**

A casual happy hour complete with signature drinks and appetizers. Relax and converse with friends before dinner in your favorite room in the house!



Thursday, April 4 - Birthday Happy Hour with DJ Ace  
 Thursday, April 11 - Bi Week  
 Thursday, April 18 - Aloha Happy Hour with Quiet Storm  
 Thursday, April 25- Sit and Chat Happy Hour - Card Room!

## Mark Your Calendar!

**Kristin Macrae "Organizing Closets" - Mon. April 1**  
**Fine Mark Roundtable 2nd Quarter - Wed. April 3**



**Birthday Happy Hour  
 w/DJ Ace - Thurs. April 4**

**New Chorale Society of SWF - Fri. April 5**

**Aloha Lane Crafts - Sat. April 6**

**TDM Technologies - Mon. April 8**

**Outing: Terraces on the Town - Mon. April 8**

**Dr. Adrian Kerr - Wed. April 10**

**Estonia Hour - Sat. April 13**

**Laughter is the Best Medicine - Sun April 14**

**Voting Registration Clinic - Mon. April 15**

**Phil Leto - Mon. April 15**

**Aloha Lane Happy Hour - Thurs. April 18**

**Outing: Bonita Brunch - Sat. April 20**

**First Presbyterian Meet /Greet - Mon April 22**

**Earth Day Concert - Mon. April 22**

**Passover Seder Dinner - Mon. April 22**

**FGCU Jazz Concert - Tues. April 23**

**651 Townhall Meeting - Wed. April 24**

**Dr. Tom Cimarusti - Wed. April 24**

**Trivia Happy Hour - Thurs. April 25**

**Outing: Broadway Palm - Sat. April 27**

**Allie's Boutique - Mon. April 29**



# WEEKEND SPOTLIGHTS

## Estonia Hour With Doug Williams

Saturday, April 13  
7:15 pm | LR

Come listen to Doug play our  
Estonia Piano!



## Laughter Is the Best Medicine

Sunday April 14  
2:00pm | PAC

Val is back with a new edition  
to this weekend program. It's  
time for Betty White! Ameri-  
ca's Sweetest Comedienne  
and Actress.

Come and learn more about  
this television and movie icon  
who shared her talents with  
us for nearly a century!



## Aloha Lane Crafts Spring Edition Session

Angie is back with the spring season craft.  
Decorate your front door or your home with  
this seasonal accent piece. Space is limited.  
Sign up early.

Saturday, April 6  
1:00pm | ACR



## Did You Know?

Betty White's very first  
job was saying the  
word "Parkay" in a radio commercial.



## SALES AND MARKETING UPDATE: RACHEL HENDERSON

Spring is in Blooming with possibilities here at The Terraces and the marketing department remains busy! Currently, we have nine independent living deposits and six waitlist deposits! I could not be prouder of the marketing team and their persistence within the path of success. However, it is not luck! We continue to analyze our market sites, with the tools of geo-fencing to capture age and income qualified leads, while using data driven analytics to learn information that provides us with a competitive edge. Our strategic reports allow us to monitor and see transformation with our clients. We want to thank you all for your support! We certainly couldn't do this without you!

Next month we will be launching our Kentucky Derby Campaign and encourage you to partake, BUT THIS RACE ISN'T FOR THE ROSES – IT'S FOR RESIDENT REFERRALS! To Have a Chance To Win a Monthly Prize Drawing: Refer a friend (or couple) by filling out the Refer a Friend form or calling the sales office and providing their name, address, phone number and email address. You can earn a credit for three months of free maintenance for each friend (or couple) who moves in. Marketing will then host a party for the residents with the most referrals between May 1st 2024-June 8th of 2024, and up to twelve of your friends. We ask that you share your excitement with your friends about your community and encourage your friends to contact us and in return you start earning.

Yours in Service,  
Rachel Henderson - Director of Marketing

*Kentucky Derby Contest*  
MAY 1<sup>ST</sup> - JUNE 8<sup>TH</sup>, 2024

The Terraces is hosting a Kentucky Derby-themed race.  
**BUT THIS RACE ISN'T FOR THE ROSES – IT'S FOR RESIDENT REFERRALS!**

To Have a Chance To Win a Monthly Prize Drawing:  
Refer a friend (or couple) by filling out the Refer a Friend form on our website or calling the sales office and providing their name, address, phone number and email address.

- Our sales team will call each referral and introduce themselves.
- You can earn a credit for three months of free maintenance for each friend (or couple) who moves in!
- Marketing will host a party for the resident with the most referrals between May 1, 2024 - June 8, 2024, and up to twelve of their friends.

**The Terraces**  
at Bonita Springs  
A SantaFe Senior Living Community

26455 S. Tamiami Trail | Bonita Springs, FL 34134  
TheTerracesAtBonitaSprings.com  
239-317-0900

Independent Living | Assisted Living | Memory Support | Skilled Nursing | Rehabilitation



## Terraces Classic Movie Sundays

Sunday afternoon's have never been more classic.  
Here is our monthly line up:

April 7



April 14



April 21



April 28



## Spring and Summer Fashions!



Monday, April 29

10:00am-1:00pm | MLT

## First Presbyterian of Bonita Springs Spring Meet and Greet

Monday, April 22 | 10:00am | MLT

Join the Pastor for a spring devotional as  
he shares a new message for our resi-  
dents followed by a meet and greet with  
morning refreshments. Please see binder  
to sign up.





# RENAISSANCE ACTIVITIES

## RENAISSANCE NEWS CORNER:

### Welcome to our Newly Added Monthly Renaissance News Corner!

In the month of March, we made some important progress with developing our Assisted Living Resident Council, establishing a book club and learning and teaching Spanish to our residents.

**Coming up in April**, we have our first outing planned for the Naples Zoo, creating our own beautiful garden (just in time for Earth Day), a resident picnic and a very exciting drive-in movie. So start your engines, we will be taking it back to the good 'ole times.

Come join us for some fun festivities!



# RENAISSANCE ACTIVITIES

## Happy Hour Performances

April 1 with Elderly Brothers  
 April 8 with Tony  
 April 15 with Kel and Shel  
 April 22 with Jim Saint-Amour  
 April 29 with Frank Verelli

## April Birthdays

Eugene Buffo April 11  
 Stella Lanaghan April 12  
 Claire Adler April 13  
 Clare Anderson April 18  
 Lynn Cherry April 20  
 Ardis Slater April 21  
 Martha Mehnert April 25

Non Denominational Service  
 Sundays April 7, 21

2:00pm REN MLT



Paint with Jen  
 Tuesday, April 2  
 10:00am

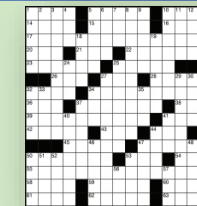


## Wake Your Brain!

Crossword | RENN MLT

Get your brain moving!

See Calendars for days, times and location



## St Leo's Service

2nd and 4th Tuesdays

10:00am | IL MLT



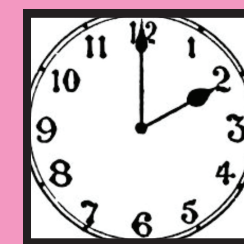
Arm Chair Travel  
 Monthly Feature:  
 Ukraine  
 Saturday May 20

Drive In Movie  
 in the PAC  
 Saturday, April 20  
 2:00pm



## NEW DATES!

Val's 2:00 PM Club  
 Fridays - April 12, 26  
 REN MLT






## B-I-N-G-O

Thursdays 2:00pm  
 Sundays 10:30am










SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> CRD - Card Room FIT - Fitness Center LOB - Lobby MLT - Multipurpose Room PAC - Performing Arts Center	April Fool's Day 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) <b>11:00 Organize, Energize your Closets by Kristin (MLT)</b> 3:45 BINGO - (CRD)	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 9:30 Water Aerobics (Pool) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 10:30 Fine Mark Round Table - 2nd Quarter (MLT) 1:45 * Publix and Walmart Shopping (LOB)	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour with DJ Ace	8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 Brain Games (MLT) 1:00 Duplicate Bridge (CRD) <b>3:00 New Chorale Society of SWF Spring Concert (PAC)</b> 7:00 Evening Movie	9:45 Wake Up Your Brain (CRD) 10:30 Low Impact Aerobics (FIT) <b>1:00 Aloha Lane Crafts: Spring Edition! (ACR)</b> 7:00 Evening Movie
10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) 11:00 TDM Tech Workshop (MLT) 3:45 BINGO - (CRD) <b>5:00 Terraces on The Town: Limoncello (LOB)</b>	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 9:30 Chatty with .... Rachel (Sunset Lounge) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 10:30 Chatty with .... Rachel (Sunset Lounge) 11:15 Brain Busters (CRD) 1:00 Terraces Book Discussion (MLT) 1:45 Publix and Coconut Point (LOB) 4:00 Dr. Adrian Kerr Presents... (PAC)	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT)	8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 Brain Games (LR) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	10:30 Low Impact Aerobics (FIT) 7:00 Evening Movie 7:15 Estonia Hour (LR)
10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Laughter is the Best Medicine: Betty White (PAC) 7:00 Evening Movie	Tax Day 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) <b>10:30 Voting Registration Clinic (MLT)</b> <b>11:00 Phil Leto Presents... (PAC)</b> 3:45 BINGO - (CRD)	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 9:30 Water Aerobics (Pool) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 1:45 * Publix and Walmart Shopping (LOB)	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 4:00 Aloha Hour with Quiet Storm (PAC)	8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	<b>8:45 Bonita Brunch (LOB)</b> 9:45 Wake Up Your Brain (CRD) 10:30 Low Impact Aerobics (FIT) 7:00 Evening Movie
10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	Passover Earth Day 8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) <b>10:00 First Presbyterian Meet and Greet (MLT)</b> 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) <b>2:00 Live Music and Earth Day (Living Room)</b> 3:45 BINGO - (CRD) <b>5:00 Passover Seder (PAC)</b>	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 2:00 Empath Home Health (REN MLT) <b>3:00 FGCU Jazz Presentation (PAC)</b> 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 9:30 Water Aerobics (Pool) <b>10:00 651 Townhall Meeting with Ron Jenette (PAC)</b> 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) <b>1:30 Tour of Renaissance (REN MLT)</b> 1:45 Publix and Coconut Point (LOB) <b>4:00 Dr. Cimarusti Talks.... (PAC)</b>	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) 4:00 Sip and Chat Happy Hour (CRD)	8:30 Core Fitness (FIT) 10:15 Balance and Stability (FIT) 11:00 Brain Teasers (LR) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	10:30 Low Impact Aerobics (FIT) <b>11:00 Broadway Palm: The Addams Family (LOB)</b> 7:00 Evening Movie
10:00 * Presbyterian Church Runs (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 9:15 Arts and Crafts (Arts and Craft Room) <b>10:00 Allie's Boutique (MLT)</b> 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 3:45 BINGO - (CRD)	9:00 Bocce Practice (Bocce Courts) 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)			 <p>Tickets go on sale Monday, April 8 at 3:30pm just before weekly BINGO! \$25 tickets reserves your spot.</p>	
				 <p>Starting April 15, purchase a Longest Day/Terraces Insulated Shopping Bag. See Lifestyles. Only \$10 each. Both logos appear on each bag.</p>		

**April 2024**  
**The Terraces**

**The Terraces**  
 at Bonita Springs  
 A SantaFe Senior Living Community








SUN	MON	TUE	WED	THUR	FRI	SAT
 10:00 Group Walk <b>11:00 Organize, Energize your Closets by Kristin</b> 11:00 Sit n Be fit 2:00 Board Games 3:00 Happy Hour	<b>1</b> April Fool's Day 10:00 Group Walk <b>11:00 Organize, Energize your Closets by Kristin</b> 11:00 Sit n Be fit 2:00 Board Games 3:00 Happy Hour	<b>2</b> 10:00 Paint W/ Jen 11:00 Sit n Be fit 2:00 National PB & J Day	<b>3</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 1:45 Publix & Walmart Shopping 2:00 Smoothie Bar 6:30 Evening Bridge Card Game	<b>4</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 BINGO 3:00 Singing W/ Alex	<b>5</b> 9:15 Zoo Trip For AL 10:00 Bible Study 11:00 Sit n Be fit <b>3:00 New Chorale Society of SWF Spring Concert</b> 7:00 Evening Movie	<b>6</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 National Athlete Day 7:00 Evening Movie
<b>7</b> 9:30 Catholic Communion 10:30 Bingo 10:30 St Leo's Church Run 2:00 Non Denominational Church Service 3:00 Music/Animal Trivia IN2L 7:00 Evening Movie	<b>8</b> 10:00 Group Walk 11:00 Sit n Be fit 2:00 Jeopardy 3:00 Happy Hour	<b>9</b> 10:00 Daily Crosswords 10:00 St. Leos Mass 11:00 Sit n Be fit 2:00 Book Club Meet	<b>10</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 1:45 Publix & Coconut Point Shopping 2:00 National Sibling Day 6:30 Evening Bridge Card Game	<b>11</b> 10:00 Alzheimer's Support Group 11:00 Sit n Be fit 2:00 BINGO	<b>12</b> 10:00 Bible Study 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 Val's 2:00 pm Club 7:00 Evening Movie	<b>13</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 Temple Shalom Live Stream Service 7:00 Evening Movie
<b>14</b> 9:30 Catholic Communion 10:30 Bingo 10:30 St Leo's Church Run 1:30 National Gardening Day 2:00 Laughter is the Best Medicine: Betty White 2:30 Pecan Pie Day 7:00 Evening Movie	<b>15</b> Tax Day 10:00 Group Walk <b>10:30 Voting Registration Clinic</b> <b>11:00 Phil Leto Presents...</b> 11:00 Sit n Be fit 3:00 Happy Hour	<b>16</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 Music/ Trivia IN2L 3:00 Nurse Bob	<b>17</b> 11:00 Sit n Be fit 1:30 Independent Living Resident's Tour Of Assisted Living 1:45 Publix & Walmart Shopping 3:00 Conversations & Readings with Flo 6:30 Evening Bridge Card Game	<b>18</b> 10:00 Music/ Trivia IN2L 11:00 Sit n Be fit 1:00 National Haiku Poetry Day 2:00 BINGO	<b>19</b> 10:00 Bible Study 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 Tattoo Party 7:00 Evening Movie	<b>20</b> 10:00 Daily Crosswords 11:00 Armchair Travel/ Ukraine 2:00 Drive In Movie 7:00 Evening Movie
<b>21</b> 9:30 Catholic Communion 10:30 Bingo 10:30 St Leo's Church Run 2:00 Non Denominational Church Service 7:00 Evening Movie	<b>22</b> Passover Earth Day 10:00 Group Walk 11:00 Sit n Be fit 2:00 Guess that Jelly Bean Game 3:00 Happy Hour <b>5:00 Passover Seder</b>	<b>23</b> 10:00 St. Leos Mass 11:00 Sit n Be fit 1:00 National Picnic Day 2:00 Empath Home Health <b>3:00 FGCU Jazz Presentation</b>	<b>24</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 1:45 Publix & Coconut Point Shopping 2:00 Jim & Lynn Music <b>4:00 Dr. Cimarusti Talks...</b> 6:30 Evening Bridge Card Game	<b>25</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 BINGO 3:00 Bingo Store	<b>26</b> 10:00 Bible Study 10:00 Daily Crosswords 11:00 Sit n Be fit 2:00 Val's 2:00 pm Club 7:00 Evening Movie	<b>27</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 1:00 Saturday Game Night 2:00 Temple Shalom Live Stream Service 7:00 Evening Movie
<b>28</b> 9:30 Catholic Communion 10:30 Bingo 10:30 St Leo's Church Run 2:00 Let's Play with Clay 7:00 Evening Movie	<b>29</b> 10:00 Group Walk <b>10:00 Allie's Boutique</b> 11:00 Sit n Be fit 2:30 April Birthday Celebrations 3:00 Happy Hour	<b>30</b> 10:00 Daily Crosswords 11:00 Sit n Be fit 1:30 Resident Meeting				

# April 2024

Renaissance Assisted Living



SUN	MON	TUE	WED	THUR	FRI	SAT
 10:00 Group Walk (REN MLT) <b>1</b> 11:00 Sit n Be fit (REN MLT) 2:00 Board Games (REN MLT) 3:00 Happy Hour (REN Parlor)	10:00 Paint W/ Jen (REN MLT) <b>2</b> 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 National PB & J Day (REN MLT) <b>3:00 Great Pyrenees Pet Therapy</b>	10:00 Daily Crosswords (REN MLT) <b>3</b> 11:00 Sit n Be fit (REN MLT) 2:00 Smoothie Bar (REN MLT)	10:00 Daily Crosswords (REN MLT) <b>4</b> 11:00 Moving & Grooving (SNF LIV2) 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT) 3:00 Singing W/ Alex (REN MLT)	10:00 Bible Study (REN MLT) <b>5</b> 11:00 Sit n Be fit (REN MLT) <b>3:00 New Chorale Society of SWF Spring Concert (PAC)</b> 7:00 Evening Movie	10:00 Daily Crosswords (REN MLT) <b>6</b> 11:00 Sit n Be fit (REN MLT) 2:00 National Athlete Day (REN MLT) 7:00 Evening Movie	
9:30 Catholic Communion (Room to Room) <b>7</b> 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 2:00 Non Denominational Church Service (REN MLT) 3:00 Music/Animal Trivia IN2L (REN MLT) 7:00 Evening Movie	10:00 Group Walk (REN MLT) <b>8</b> 11:00 Sit n Be fit (REN MLT) 2:00 Jeopardy (REN MLT) 3:00 Happy Hour (REN Parlor)	10:00 Daily Crosswords (REN MLT) <b>9</b> 10:00 St. Leos Mass (MLT) 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 Book Club Meet (REN MLT)	10:00 Daily Crosswords (REN MLT) <b>10</b> 11:00 Sit n Be fit (REN MLT) 2:00 National Sibling Day (REN MLT)	10:00 Alzheimer's Support Group (MLT) <b>11</b> 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT)	10:00 Bible Study (REN MLT) <b>12</b> 10:00 Daily Crosswords (REN MLT) 11:00 Sit n Be fit (REN MLT) 2:00 Val's 2:00 pm Club (REN MLT) 7:00 Evening Movie	10:00 Daily Crosswords (REN MLT) <b>13</b> 11:00 Sit n Be fit (REN MLT) 2:00 Temple Shalom Live Stream Service (REN MLT) 7:00 Evening Movie
9:30 Catholic Communion (Room to Room) <b>14</b> 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 1:30 National Gardening Day (REN MLT) 2:30 Pecan Pie Day (REN MLT) 7:00 Evening Movie	10:00 Group Walk (REN MLT) <b>15</b> 11:00 Sit n Be fit (REN MLT) 3:00 Happy Hour (REN Parlor)	10:00 Daily Crosswords (REN MLT) <b>16</b> 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 Music/ Trivia IN2L (REN MLT) 3:00 Nurse Bob (SNF LIV2)	11:00 Sit n Be fit (REN MLT) <b>17</b> 3:00 Conversations & Readings with Flo (REN Parlor)	10:00 Music/ Trivia IN2L (REN MLT) <b>18</b> 11:00 Sit n Be fit (REN MLT) 1:00 National Haiku Poetry Day (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT)	10:00 Bible Study (REN MLT) <b>19</b> 10:00 Daily Crosswords (REN MLT) 11:00 Sit n Be fit (REN MLT) 2:00 Tattoo Party (REN MLT) 7:00 Evening Movie	10:00 Daily Crosswords (REN MLT) <b>20</b> 11:00 Armchair Travel/ Ukraine (REN MLT) 2:00 Drive In Movie (PAC) 7:00 Evening Movie
9:30 Catholic Communion (Room to Room) <b>21</b> 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 2:00 Non Denominational Church Service (REN MLT) 7:00 Evening Movie	10:00 Group Walk (REN MLT) <b>22</b> 11:00 Movin N Groovin (SNF LIV2) 11:00 Sit n Be fit (REN MLT) 2:00 Guess that Jelly Bean Game (REN MLT) 3:00 Happy Hour (REN Parlor) <b>5:00 Passover Seder (PAC)</b>	10:00 St. Leos Mass (MLT) <b>23</b> 11:00 Sit n Be fit (REN MLT) 1:00 National Picnic Day (REN MLT) 1:30 Snack Cart 2:00 Empath Home Health (REN MLT)	10:00 Daily Crosswords (REN MLT) <b>24</b> 11:00 Sit n Be fit (REN MLT) 3:00 Jim & Lynn Music (SNF LIV2)	10:00 Daily Crosswords (REN MLT) <b>25</b> 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT) 3:00 Bingo Store (REN MLT)	10:00 Bible Study (REN MLT) <b>26</b> 10:00 Daily Crosswords (REN MLT) 11:00 Sit n Be fit (REN MLT) 2:00 Val's 2:00 pm Club (REN MLT) 7:00 Evening Movie	10:00 Daily Crosswords (REN MLT) <b>27</b> 11:00 Sit n Be fit (REN MLT) 1:00 Saturday Game Night (REN MLT) 2:00 Temple Shalom Live Stream Service (REN MLT) 7:00 Evening Movie
9:30 Catholic Communion (Room to Room) <b>28</b> 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 2:00 Let's Play with Clay (REN MLT) 7:00 Evening Movie	10:00 Group Walk (REN MLT) <b>29</b> 11:00 Sit n Be fit (REN MLT) 2:30 April Birthday Celebrations (REN Parlor) 3:00 Happy Hour (REN Parlor)	10:00 Daily Crosswords (REN MLT) <b>30</b> 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart				

# April 2024

## Renaissance Skilled Nursing





Concierge	239-949-7555
Guard House	239-949-7842
Salon and Spa	239-949-7850
De Leon Dining Room	239-949-7558
Bistro Dining	239-947-7508
Executive Director	239-949-7560
Executive Assistant	239-949-7561
Director of Residential Services	239-949-7563
Director of Plant Operations	239-949-7569
Director of Lifestyles	239-949-7567
Fitness & Wellness Coordinator	239-949-7568
Director of Marketing	239-949-7853
Billing Manager	239-949-7564
Business Office Manager	239-949-7562
Marketing Main	239-949-7852
Director of Dining Services	239-949-7565
Executive Chef	239-949-7566
Renaissance Concierge	239-949-7858
Healthcare Administrator	239-949-7570
Director of Nursing	239-949-8001
Director of Therapy	239-949-7557
Assisted Living Manager	239-949-7571
Assisted Living & Memory Care Marketing	239-949-7853

## Terrace Trips



**Tuesdays, Thursdays, and Wednesday**

**Mornings:**

Medical transportation by appt and availability

**Friday:** Banking and Pharmacy: 10am or by availability

**Airport Trips:** Reservation and Availability

## Clinic & Other On-Site Physicians

Dr. Jim Liu every Mon. & Wed. 9:00 am - 5:00 pm (1-904) 990-4001 - clinic

Dr. Sajid Wazir (239) 591-5979

Dr. Brooke Austin and Dr. Gregory Mazur (Podiatrists)- Once per month on Fridays (Clinic) - Patty Wilson to schedule appointments.

Dr. Patricia Pavlos, DDS - **Mobile Dentistry** (239) 598 - 3032

Brittany Vogt, PA On Site Dermatology (1-877) 345-5300

## Resident Council Committee Meetings

All of the Resident Council Committees are open to the community to attend.

**Lifestyles Committee** ...1st Wednesday of the Month, 9:00am - Admin Conference Rm

**Finance Committee** ... 3rd Thursday of the Month at 10:00am - Admin Conference Rm

**Food and Beverage Committee** ... 3rd Monday of the Month at 10:00am - Admin Conference Rm

**Campus and Facilities Committee** ... 2nd Thursday of the Month at 10:30am—Sunset Lounge

**Marketing Committee** ... 2nd Monday of the Month at 10:00am - Admin Conference Rm

26455 S Tamiami Trail

Bonita Springs, Florida 34134

239-949-7555

[www.theterracesatbonitasprings.com](http://www.theterracesatbonitasprings.com)

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