

| SUN | MON | TUE | WED | THUR | FRI | SAT | |
|--|---|--|---|--|--|--|--|
| LOCATION KEY CRD - Card Room FIT - Fitness Center LOB - Lobby MLT - Multipurpose Room PAC - Performing Arts Center | April Fool's Day 8:30 Curls and Crunches (FIT) 1 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) 11:00 Organize, Energize your Closets by Kristin (MLT) 3:45 BINGO - (CRD) | 9:00 Bocce Practice (Bocce Courts) 2 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro) | 8:30 Curls and Crunches (FIT) 3 9:30 Water Aerobics (Pool) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 10:30 Fine Mark Round Table - 2nd Quarter (MLT) 1:45 * Publix and Walmart Shopping (LOB) | 9:00 Bocce Practice (Bocce Courts) 4 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour with DJ Ace | 8:30 Core Fitness (FIT) 5 10:15 Balance and Stability (FIT) 11:00 Brain Games (MLT) 1:00 Duplicate Bridge (CRD) 3:00 New Chorale Society of SWF Spring Concert (PAC) 7:00 Evening Movie | 9:45 Wake Up Your Brain (CRD) 6 10:30 Low Impact Aerobics (FIT) 1:00 Aloha Lane Crafts: Spring Edition! (ACR) 7:00 Evening Movie | |
| 10:00 * Presbyterian Church Runs (LOB) 7 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie | 8:30 Curls and Crunches (FIT) 8 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) 11:00 TDM Tech Workshop (MLT) 3:45 BINGO - (CRD) 5:00 Terraces on The Town: Limoncello (LOB) | 9:00 Bocce Practice (Bocce Courts) 9 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro) | 8:30 Curls and Crunches (FIT) 10 9:30 Chatty with Rachel (Sunset Lounge) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 10:30 Chatty with Rachel (Sunset Lounge) 11:15 Brain Busters (CRD) 1:00 Terraces Book Discussion (MLT) 1:45 Publix and Coconut Point (LOB) 4:00 Dr. Adrian Kerr Presents... (PAC) | 9:00 Bocce Practice (Bocce Courts) 11 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) | 8:30 Core Fitness (FIT) 12 10:15 Balance and Stability (FIT) 11:00 Brain Games (LR) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie | 10:30 Low Impact Aerobics (FIT) 13 7:00 Evening Movie 7:15 Estonia Hour (LR) | |
| 10:00 * Presbyterian Church Runs (LOB) 14 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Laughter is the Best Medicine: Betty White (PAC) 7:00 Evening Movie | Tax Day 8:30 Curls and Crunches (FIT) 15 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 10:30 Your Brain and More in 2024! (CRD) 10:30 Voting Registration Clinic (MLT) 11:00 Phil Leto Presents... (PAC) 3:45 BINGO - (CRD) | 9:00 Bocce Practice (Bocce Courts) 16 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro) | 8:30 Curls and Crunches (FIT) 17 9:30 Water Aerobics (Pool) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 1:45 * Publix and Walmart Shopping (LOB) | 9:00 Bocce Practice (Bocce Courts) 18 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 4:00 Aloha Hour with Quiet Storm (PAC) | 8:30 Core Fitness (FIT) 19 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie | 8:45 Bonita Brunch (LOB) 20 9:45 Wake Up Your Brain (CRD) 10:30 Low Impact Aerobics (FIT) 7:00 Evening Movie | |
| 10:00 * Presbyterian Church Runs (LOB) 21 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie | Passover Earth Day 8:30 Curls and Crunches (FIT) 22 9:15 Arts and Crafts (Arts and Craft Room) 10:00 First Presbyterian Meet and Greet (MLT) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 2:00 Live Music and Earth Day (Living Room) 3:45 BINGO - (CRD) 5:00 Passover Seder (PAC) | 9:00 Bocce Practice (Bocce Courts) 23 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 2:00 Empath Home Health (REN MLT) 3:00 FGCU Jazz Presentation (PAC) 4:00 Cheer Time (Bistro) | 8:30 Curls and Crunches (FIT) 24 9:30 Water Aerobics (Pool) 10:00 651 Townhall Meeting with Ron Jenette (PAC) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 1:30 Tour of Renaissance (REN MLT) 1:45 Publix and Coconut Point (LOB) 4:00 Dr. Cimarusti Talks.... (PAC) | 9:00 Bocce Practice (Bocce Courts) 25 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT) 4:00 Sip and Chat Happy Hour (CRD) | 8:30 Core Fitness (FIT) 26 10:15 Balance and Stability (FIT) 11:00 Brain Teasers (LR) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie | 10:30 Low Impact Aerobics (FIT) 27 11:00 Broadway Palm: The Addams Family (LOB) 7:00 Evening Movie | |
| 10:00 * Presbyterian Church Runs (LOB) 28 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie | 8:30 Curls and Crunches (FIT) 29 9:15 Arts and Crafts (Arts and Craft Room) 10:00 Allie's Boutique (MLT) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 3:45 BINGO - (CRD) | 9:00 Bocce Practice (Bocce Courts) 30 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro) |  | | |  <p>Tickets go on sale Monday, April 8 at 3:30pm just before weekly BINGO! \$25 tickets reserves your spot.</p> | |
| | | | | |  <p>Starting April 15, purchase a Longest Day/Terraces Insulated Shopping Bag. See Lifestyles. Only \$10 each. Both logos appear on each bag.</p> | | |
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April 2024

The Terraces

The Terraces
 at Bonita Springs
 A SantaFe Senior Living Community