

THE TERRACES TIMES

MAY 2024



Annual Shred Day 2024

Wednesday, May 14

10:30am - 12:30pm

North Lot

Cleaning out your home after tax season? Collect all your important papers & documents and bring them to our Annual Shred Day.

Charge of \$7.00 per resident to be applied to apartment. Please see binder to sign up.

Ask The Director

Wednesday, May 22

10:00AM | PAC

Memorial Day Concert

Monday, May 27

2:30 pm - 3:30pm | PAC

Neil Zirconia - Neil Diamond Tribute Artist

"The Ultimate Faux Diamond"

Neil Zirconia will take you on an exciting journey down memory lane. His likeness to this American Icon is extraordinary. He has perfected all the emotion, excitement and the magic that is Neil Diamond. His on-stage presence and charisma is pure Neil. Come along on this musical journey as we kick off summer at The Terraces.



"Biology is the least of what makes someone a mother"

-Oprah Winfrey

IN THE NEWS:

3rd Annual Super BINGO

Join our Annual Bingo Soiree that won't disappoint!

Our BINGO Mistress of Ceremonies, Patty Wilson will be returning for this Super BINGO extravaganza!

Prizes of all shapes and sizes including the "Green" kind of prizes...CASH!

Enjoy delightful refreshments at intermission to recharge your soul! The energy and fierce competition is contagious so let's play....

SUPER BINGO!

Monday May 6
1:00pm | PAC

Succeeding Through Learning



Have you made a contribution to the 2024 Terraces Scholarship Fund yet? We are still accepting this year's Fund donations in the Admin office, specifically for 2024 scholarship awards which will be made in June 2024. If you have already donated, we are very grateful.

Our candidate employees have now prepared their forms and submitted them to Human Resources.

Your Scholarship Committee, under the leadership of Gillian Draper, will review and agree on the individual awards during this month of May.

Individual Awards and their monetary value will be presented to each recipient and celebrated in late June this year. Your donation is your invitation to our Celebration!

Please join us to celebrate ...

"Succeeding Through Learning"

"Bubbles and Bundtins" presented by JT Private Duty Friday, May 10 | 11:00am | MLT

Come sip and snack with JT Home Health as they discuss important topics and relevant issues facing the senior population.

See binder to sign up.

This month's topic:
"Be prepared for the unexpected"



Terraces Review Update with Ron Jennette

Santa Fe COO, Ron Jennette will be on site to review status of The Terraces and give us any updates available.

Q/A Session will also be included.

Tuesday, May 21
11:00am | PAC

See you there!



• Every Wednesday morning Stacy will be available in the Business Office from 9am-11am on the 1st, 2nd, and 3rd weeks and 9am-10am on the fourth Wednesday of the month.

• Pick up and drop off are always available by emailing: bonitbayoffice@finemarkbank.com



SPECIAL EVENTS/PROGRAMS



Will You Crack the Case
or Become the Next Victim?

Join us for an afternoon filled with secrets, scandals and surprises as you become part of a thrilling and fun whodunit experience.

Gather clues, interrogate suspects, and unravel the enigma surrounding the untimely demise of our esteemed guests. But beware, danger lurks in every shadow, and trust is a luxury few can afford.

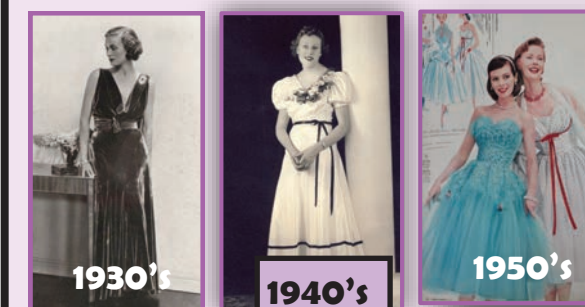
Dress to impress, and prepare for an event of high stakes, hidden agendas, and interesting intrigue at The Terraces, a luxury Life Plan Community with a Type A LifeCare contract.



BEST-LAID PLANS
An Old Hollywood Whodunit
Wednesday, May 8, 2024 | 3 p.m.
The Terraces at Bonita Springs
Performing Arts Center
26455 S. Tamiami Trail | Bonita Springs



Prom Dresses Over the Years



Did your dress match the right decade?

A 'Senior' Prom Happy Hour

Every Prom has a theme and this one is no different! It's an hour in the Enchanted Forest! Dig out your best threads that you would have sported in high school and bring it to our 'Enchanted Forest' Prom.

No scholastics, just sheer shenanigans with 50's style snacks and 60's type beverages (To be spiked or non spiked!) Plus, we will have our own superlatives so let's show your school spirit and see you on the dance floor! Music by: DJ ACE!

Thursday, May 9
4:00 pm | PAC



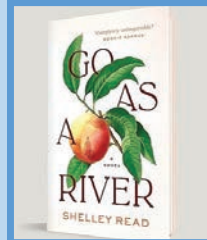
HERE'S WHAT'S HOT AT THE TERRACES!

TDM TECHNOLOGIES PRESENTS
A Monthly Tech Class
Monday, May 13
11:00am | MLT



A tech class covering all your cell phone & computer issues, needs followed by Q&A session (5 min per pp)

Terraces Book Discussion
Wednesday, May 15
1:00pm | MLT
"Go As A River" by Shelley Read



June's Book:
"Hotel on the Corner of Bitter and Sweet" by Jamie Ford

GROCERY BAGS

The Longest Day fundraiser has kicked off with the sale of our insulated grocery bags! We are happy to report that this fundraising initiative has gotten off to a good start! But not to worry, there are still bags to purchase!

Please contact Lifestyles to purchase one or simply make a donation. Any and all donations are appreciated as our ambitious goal needs your support!

For every person that makes a purchase or a donation, your name will go up on our 'bragging wall' which is located near the in house mail boxes. An estimated 6.7m Americans age 65 and older are living with this disease today and we can make an impact with the research to help cure this disease.



MAY DAY FLOWER GRAMS

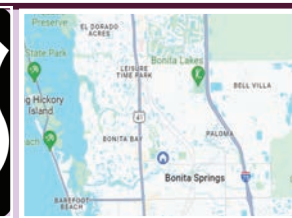
Spring has sprung at The Terraces and we are rolling out our second leg of our Longest Day Fundraising efforts with a very special May Day Flower Gram Sale starting May 1!

Whether you wish to honor someone for Mother's Day or celebrate another person (resident or staff), the Lifestyles Team will be selling purple carnations for \$5.00 each through May 8 in the bistro at lunch. Upon purchase, you will be given a sentiment tag to fill out and Lifestyles will deliver the flower with your note to that special person on Friday, May 10.

Heaven Scent Florals in Bonita Springs has generously donated all of the carnations. Stop by and give to this important cause and share some love at the same time!



MAY OUTINGS



BEST OF BONITA DAY



Friday May 3
Meet in lobby at 10:30am

Explore our beautiful town with a triathlon of destinations all within a few miles of home!

Shop, shop, until you're hungry for a delicious lunch!

Destination #1: Best of Everything

Destination #2: Anthony's Ladies Apparel

Destination #3: El Basque Restaurant: Spanish & French Cuisine (individual checks arranged)

Each destination offers it's own unique charm and character! There is no better time to browse the shops of Bonita now that the season is over and just in time for Mother's Day!

See binder to sign up for this trip!



Patriotic Pops at Artis Naples

Friday, May 24
Meet in lobby: 6:45pm
Showtime at 8:00pm

The Perfect Way to Kick off Memorial Day Weekend!

Experience the high-flying music of America as the Naples Philharmonic, Naples Philharmonic Chorus and Naples Philharmonic Youth Chorus present their annual star-spangled salute to our troops. From soaring orchestral arrangements to rousing choral moments, this all-American affair features the best and most beloved works by prolific American composers, paying tribute to our country's musical heritage and honoring the brave men and women who have given their lives to protect our freedom.

Ticket Price: \$ 49 (charged to apartment)



Stat us: Waitlis t Available.

RESIDENT'S CORNER

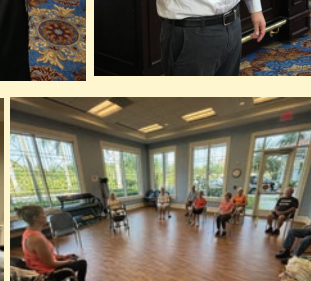
Happy Birthday:

Patricia Culberson - May 4

M
A
Y



Aloha Happy Hour



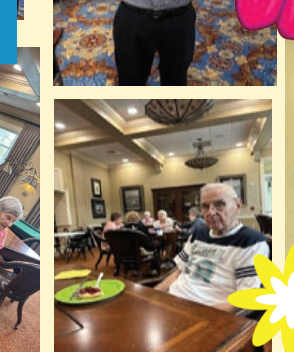
Terraces on The Town



Waffle Day '24



Purim 2024

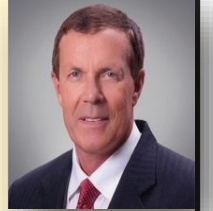


LEARNING LABS

Dr. Adrian Kerr

Wednesday, May 15 | 4:00pm | MLT

'The Diverse and Contrasting World That We Live In – The not So Trivia Quiz'



We have all enjoyed the fun of trivia quizzes. We have often been frustrated desperately trying to scavenge our memory for answers to the highest, lowest, biggest, smallest, fastest, slowest, types of questions. Today we will move up a gear and embark on a USA and world diversity tour. Our world is inhabited by almost seven billion people embracing immense diversity in the way we live. Today we aim to identify the notable behavioral, environmental and geographical extremes of our planet. I guarantee you will be amazed at the answers. Bring your paper and pencils to keep your score for this mostly light hearted interactive talk.

Phil Leto Presents...

Monday, May 20 | 11:00 am | PAC

"Firearms in America: Let the Great Debate Continue"

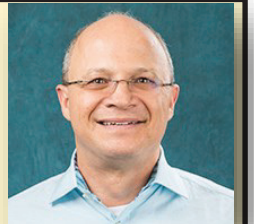


Firearms are an undeniable part of American history and culture. In recent decades political, legal, and social forces made them the subject of fierce political discourse and state legislative action. As a result, today, it is easier to purchase a firearm, procure a concealed weapon permit to carry it, and justify the use of deadly force through "stand your ground" laws. Since 2008 a conservative majority on the US Supreme Court has broadly defined, then expanded gun ownership rights, finding it to be a "fundamental" Constitutional right, and with the current 6-3 conservative supermajority in 2022 recognizing an expanded right to carry firearms on one's person for self-defense. Meanwhile, in the US, mass shootings occur on an average of one per day, there are more firearms than people and Congress is unable or unwilling to enact firearm regulations which huge majorities of Americans support.

Dr. Tom Cimarusti


Wednesday, May 29 | 4:00pm | PAC

"Musical Storytelling: Beethoven's Symphony No. 3 in Efl"



Beethoven's *Symphony No. 3 in Efl* was not well received at its 1805 Viennese premiere. Critics argued that the work was too long, not well rehearsed, and loud. Beethoven himself, discontent with his works thus far, declared that he would "take a new path" with this work. What did Beethoven mean by this? How did this work become one of the most influential works in the symphonic tradition? Come learn how this work presents a narrative of Beethoven's troubled life and how it forever changed the history of the western symphonic tradition.

WELLNESS SPOTLIGHT



Give

The Gift of *Life*

May 16


9:00am - 12:00pm
North Lot

BLOOD DRIVE

Sign up in the Fitness Center or by contacting:
Cheri Helmink
239-271-4129 or
Cheryl.Helmink@bsrv.org

This event is open to Residents and Associates.

For more information, call (239) 343-2333



Presentation by Amy Lloyd, RN

Tuesday, May 28
3:00pm | MLT

This Month's Topic:
"Let Go Of Stress"



Blood Pressure Clinic
Every 2nd, 4th Thursday
Clinic - 11am - 12pm



Mark Your Wellness Calendar:



Wake Up Your Brain: May 4, 11, 25
Your Brain & More: Mondays May 6, 20, 27
Brain Games: May 22
Family Feud: May 22
Where Am I: May 24
Who Am I: May 31

Alzheimer's Support Group
Meets 2nd Thursday of Month
10:00am | MLT
Join Alison Boyle for an hour support session every month!

GET INVOLVED

Mondays

Arts & Crafts 9:15am Craft Room
Bingo 3:45pm Card Room
\$5.00 = 2 cards



Tuesdays

Bridge 1:00pm Card Room

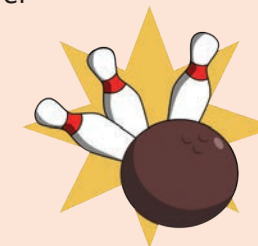
Wednesdays

Mexican Train 6:30pm MLT
Poker 7:30pm Card Room
Please call Mike Stollmeyer
239-676-1934



Wednesdays

Wii Bowling 1:00pm (FIT)



Fridays

Duplicate Bridge 1:00pm Card Room
Please call Joanna Davies at 239-777-0581

Prom Night Centerpieces

Lifestyles needs crafty volunteers to assist with creating and assembling our next theme happy hour centerpieces! Please see binder to sign up!

Theme: Enchanted Forest!
Wednesday, May 1 | 1:00pm | ACR



Mark Your Calendar!

May Day Flower Gram Sales: Wed. May 1-8
Birthday/Cinco de Mayo
Happy Hour: Thursday, May 2
OUTING: Best of Bonita: Fri. May 3
Kentucky Derby: Saturday May 4
Super B I N G O: Monday, May 6
Murder Mystery Series: Wednesday, May 8
Senior Prom Happy Hour with DJ Ace: Thursday, May 9
TDM Technologies: Monday, May 13
Annual Shred Day: Tuesday, May 14
Terraces Book Discussion: Wednesday, May 15
Dr. Adrian Kerr: Wednesday, May 15
Blood Drive: Thursday, May 16
Phil Leto Presents: Monday, May 20
Ask the Director: Wednesday, May 22
OUTING: Artis Naples - Patriotic Pops: Friday, May 24
Neil Zirconia Holiday Concert: Monday May 27
Dr. Tom Cimarusti: Wednesday, May 29
Happy Hour with Quiet Storm: May 30

Crazy Facts About Cinco de Mayo

- * 81 million pounds of avocado are consumed every year on this holiday.
 - * Americans spend 2.9 billion on Margaritas every year
 - * Tequila consumption is also pretty impressive! 126 million liters all in just a 24 hour time frame!
- Cheers!**



Thursday, May 2 - Birthday/Cinco Happy Hour with Deano Uno
Thursday, May 9 - Senior Prom Happy Hour with DJ Ace
Thursday, May 16 - No Happy Hour
Thursday, May 23 - No Happy Hour
Thursday, May 30 - Happy Hour with Quiet Storm

WEEKEND SPOTLIGHTS

Estonia Hour With Doug Williams

Saturday, May 11
7:15 pm | LR

Come listen to Doug play
our Estonia Piano!



Country Western Craft

Saturday, May 25
1:00pm | ACR

Join Val as she creates our
next centerpiece creation.
See binder to sign up!



Saturday Matinee Feature Movie:

“The Boys in The Boat” (2023)

Saturday, May 11

1:30pm | PAC

PG-13, 2h 3m/ Biography-Drama

A 1930s-set story centered on the University of Washington's rowing team, from their Depression-era beginnings to winning gold at the 1936 Berlin Olympics.

Snacks served.

Directed by George Clooney



Terraces Classic Movie Sundays

Pending Touchtown's Status:
Sunday afternoon's have never been more classic.
Here is our monthly line up:

May 5



May 12



May 19



May 26



SALES AND MARKETING UPDATE: RACHEL HENDERSON

The marketing team remains busy, and we are holding strong! The month of April we have toured 30 plus prospects, hosted a large prospect event, and hosted many private dinners. We thank you for your continued support. Currently, we have eight independent living deposits, and eight waitlist deposits. We encourage you to get to know your new neighbors! Sheila and Jenna post their pictures on the board in the alcove by the ATM.

This month starting May 1st, thru June 8th we will be launching our annual “Derby” resident referral campaign. Friends make the *best neighbors*, so pick up the phone/stop by our office and earn some money while sharing the lifestyle you love! When you refer your friends to The Terraces at Bonita Springs, you can earn a credit for three months of free maintenance for each friend (or couple) who moves in! Share your excitement about our community with your friends, encourage them to come in for a tour.

Marketing will then host a *party* for the resident with the most referrals in June, (separate from the Lifestyle Derby Party below) and up to twelve of their friends. If you have any questions feel free to stop by the marketing office! Happy May!

Your in Service,
Rachel Henderson
Director of Marketing & Community Outreach



Kentucky Derby Contest

MAY 1ST - JUNE 8TH, 2024

The Terraces is hosting a Kentucky Derby-themed race.

BUT THIS RACE ISN'T FOR THE ROSES – IT'S FOR RESIDENT REFERRALS!

To Have a Chance To Win a Monthly Prize Drawing:

Refer a friend (or couple) by filling out the Refer a Friend form on our website or calling the sales office and providing their name, address, phone number and email address.

- 1 Our sales team will call each referral and introduce themselves.
- 2 You can earn a credit for three months of free maintenance for each friend (or couple) who moves in!
- 3 Marketing will host a party for the resident with the most referrals between May 1, 2024 – June 8, 2024, and up to twelve of their friends.



26455 S. Tamiami Trail | Bonita Springs, FL 34134
TheTerracesAtBonitaSprings.com

239-317-0900

Independent Living | Assisted Living | Memory Support | Skilled Nursing | Rehabilitation

Assisted Living Facility License #12385 | COA #08075



Kentucky Derby Betting Station



Kentucky Derby Viewing Party

Another year, another round of bets will take place in our living room. Bring your dollar bills and your best guesses. Will your favorite horse win the first race of 2024? Only time will tell! \$2.00 per horse. Cash only. You can place bets on as many horses as you'd like!

Saturday May 4 | 1:00pm-3:00pm | LR

Sip on a mint julep, sample some good ole fashioned southern desserts and see if your horse wins the first big race of the season as you watch it on the big screen! In the PAC with your neighbors!

Saturday, May 4 | 6:00pm | PAC

RENAISSANCE ACTIVITIES

RENAISSANCE NEWS CORNER

It was a fun-filled Month in April, with our Zoo outing, starting our book club with "Lessons in Chemistry" By Bonnie Garmus, Plus, we will be watching the TV series that goes along with the book. The residents also started their gardening for their raised garden bed. We have been busy little bee's over at the Renaissance!

As we prepare for the Month of May, we have some newcomers moving in to Assisted living that I would like to welcome:

Mrs. Dorothy Newberry
Mrs. Stella Lanagan
Mr. Clay Abramson

We are delighted to have you and if everyone could greet them and introduce yourselves. Let's get ready to tackle May and enjoy the fun fiestas of Cinco De Mayo, Mother's Day, and Memorial Day.



RENAISSANCE ACTIVITIES

Happy Hour Performances

May 5—Jeff Feldstein
May 13—James Prather
May 20—Zarita
May 27—Kel and Shel

May Birthdays

Jane Evans	May 1
Mary Fox	May 1
Claire Tesoro	May 9
John Hutson	May 10
Betty Hurst	May 16
Gayle Sanford	May 16
Louia Gray	May 20
Nancy Mackson	May 21
John Hasch	May 31

Non Denominational Service

Sundays: May 5, 19
2:00pm REN MLT



Paint with Jen

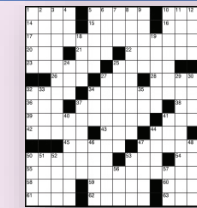
Tuesday, May 7
10:00am



Wake Your Brain!

Crossword | RENN MLT
Get your brain moving!

See Calendars for days, times and location



St Leo's Service

2nd and 4th Tuesdays
10:00am | IL MLT



Arm Chair Travels
"The Baltics"
Saturday May 18
2:00 pm

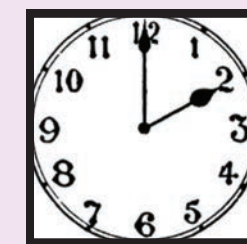
Dinner with Live Music

Friday, May 31
4:30pm
3rd Fl Dining Room



Val's 2:00pm Club



Fridays May 10 (2:30)
And May 24 (2:00)
REN MLT



B-I-N-G-O





Thursdays 2:00pm
Sundays 10:30am



SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY CRD - Card Room FIT - Fitness Center LOB - Lobby MLT - Multipurpose Room	PAC - Performing Arts Center		8:30 Curls and Crunches (FIT) 1 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 1:00 Craft Corner: Prom Night (ACR) 1:45 * Publix and Walmart Shopping (LOB)	9:30 Fitness Foundations Level II 2 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour - Deano Uno (PAC)	8:30 Core Fitness (FIT) 3 10:15 Balance and Stability (FIT) 10:30 Best of Bonita Day (LOB) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	9:45 Wake Up Your Brain (CRD) 4 10:30 Low Impact Aerobics (FIT) 1:00 Kentucky Derby Betting (LR) 6:00 Kentucky Derby Watch Party (PAC) 7:00 Evening Movie
Cinco de Mayo 5 9:30 * Bay Presbyterian Church Run (LOB) 10:15 * First Presbyterian Church Run (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 6 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 11:00 Your Brain and More in 2024! (CRD) 2:00 Super Bingo (PAC)	9:30 Fitness Foundations Level II (Intermediate) (FIT) 7 10:15 Fitness Foundations (Beginners) (FIT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 8 9:30 Check-in with Becky (Sunset Lounge) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 10:30 Check-in with Becky (Sunset Lounge) 1:00 Terraces Book Discussion (MLT) 1:45 Publix and Coconut Point (LOB) 3:00 Murder Mystery Series (PAC)	9:30 Fitness Foundations Level II (Intermediate) (FIT) 9 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:00 Blood Pressure Clinic (Clinic) 4:00 Happy Hour - Senior Prom Happy Hour (PAC)	8:30 Core Fitness (FIT) 10 10:15 Balance and Stability (FIT) 11:00 Bubbles and Bundtini's (MLT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	9:45 Wake Up Your Brain (CRD) 11 10:30 Low Impact Aerobics (FIT) 1:30 Saturday Movie "Boys in the Boat" (PAC) 7:00 Evening Movie 7:15 Estonia Hour (LR)
Mother's Day 12 9:30 * Bay Presbyterian Church Run (LOB) 10:15 * First Presbyterian Church Run (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 13 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 11:00 TDM Tech Workshop (MLT) 3:45 BINGO - (CRD)	9:30 Fitness Foundations Level II (Intermediate) (FIT) 14 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 10:30 Annual Shred Day (North Lot) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 15 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 1:45 * Publix and Walmart Shopping (LOB) 4:00 Dr. Adrian Kerr Presents... (MLT)	8:00 Blood Drive (North Lot) 16 9:30 Fitness Foundations Level II (Intermediate) (FIT) 10:15 Fitness Foundations (Beginners) (FIT)	8:30 Core Fitness (FIT) 17 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	10:30 Low Impact Aerobics (FIT) 18 7:00 Evening Movie
9:30 * Bay Presbyterian Church Run (LOB) 19 10:15 * First Presbyterian Church Run (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	8:30 Curls and Crunches (FIT) 20 9:15 Arts and Crafts (Arts and Craft Room) 10:15 Balance and Stability (FIT) 11:00 Phil Leto Presents... (PAC) 11:00 Your Brain and More in 2024! (CRD) 3:45 BINGO - (CRD)	9:30 Fitness Foundations Level II (Intermediate) (FIT) 21 10:15 Fitness Foundations (Beginners) (FIT) 11:00 The Terraces Review Update with Ron Jennette (PAC) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8:15 Curls and Crunches (FIT) 22 10:00 Ask The Director (PAC) 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 11:15 Brain Games (CRD) 1:00 Family Feud (MLT) 1:45 Publix and Coconut Point (LOB)	9:30 Fitness Foundations Level II 23 10:15 Fitness Foundations (Beginners) (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:30 Chair Yoga (MLT)	8:30 Core Fitness (FIT) 24 10:15 Balance and Stability (FIT) 11:00 Where Am I? (CRD) 1:00 Duplicate Bridge (CRD) 6:45 Artis Naples - Patriotic Pops (LOB) 7:00 Evening Movie	9:45 Wake Up Your Brain (CRD) 25 10:30 Low Impact Aerobics (FIT) 1:00 Country Western Craft (ACR) 7:00 Evening Movie
9:30 * Bay Presbyterian Church Run (LOB) 26 10:15 * First Presbyterian Church Run (LOB) 10:30 St Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 7:00 Evening Movie	Memorial Day 27 9:15 Arts and Crafts (Arts and Craft Room) 10:30 Your Brain and More in 2024! (CRD) 2:30 Neil Zirconia "The Faux Diamond" (PAC)	9:30 Fitness Foundations Level II (Intermediate) (FIT) 28 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 1:00 Bridge (CRD) 3:00 Empath Home Health (MLT) 4:00 Cheer Time (Bistro)	8:30 Curls and Crunches (FIT) 29 10:15 Fitness Foundations (Beginners and Intermediate) (FIT) 1:45 * Publix and Walmart Shopping (LOB) 4:00 Dr. Cimarusti Talks.... (PAC)	9:30 Fitness Foundations Level II 30 10:15 Fitness Foundations (Beginners) (FIT) 11:30 Chair Yoga (MLT) 4:00 Happy Hour with Quiet Storm (CRD)	8:30 Core Fitness (FIT) 31 10:15 Balance and Stability (FIT) 11:00 Who Am I (CRD) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie	




May 2024

The Terraces

SUN	MON	TUE	WED	THUR	FRI	SAT
 <p>HAPPY Mother's DAY</p>	 <p>MEMORIAL DAY REMEMBER AND HONOR</p>	 <p>Programs are subject to change please check the daily boards on each floor.</p>	<p>10:00 Daily Cross words (REN MLT) 1 11:00 Sit n Be fit (REN MLT) 1:45 Publix & Walmart Shopping 2:00 Bake some Cookies (REN MLT) 6:30 Evening Bridge Card Game</p>	<p>10:00 Group Walk (REN MLT) 2 11:00 Sit n Be fit (REN MLT) 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 3 11:00 Sit n Be fit (REN MLT) 2:00 National Space Day (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Daily Crosswords (REN MLT) 4 11:00 Sit n Be fit (REN MLT) 1:00 Kentucky Derby Betting (LR) 2:00 Saturday Game Day (REN MLT) 6:00 Kentucky Derby Watch Party (PAC) 7:00 Evening Movie</p>
<p>Cinco de Mayo 5 9:30 Catholic Communion (Room to Room) 10:15 * First Presbyterian Church Run (LOB) 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 2:00 Non Denominational Church Service (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Group Walk (REN MLT) 6 11:00 Sit n Be fit (REN MLT) 3:00 Cinco De Mayo Party (REN Parlor) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 Painting w/ Jenn (REN MLT) 7 11:00 Sit n Be fit (REN MLT) 2:00 Book Club Meet (REN MLT)</p>	<p>10:00 Group Walk (REN MLT) 8 11:00 Sit n Be fit (REN MLT) 1:45 Publix & Coconut Point Shopping 2:00 IN2L Festivities (REN MLT) 6:30 Evening Bridge Card Game</p>	<p>10:00 Alzheimer's Support Group (MLT) 9 11:00 Sit n Be fit (REN MLT) 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 10 11:00 Sit n Be fit (REN MLT) 2:30 Val's Club Meet (REN MLT) 7:00 Evening Movie</p>	<p>11:00 Sit n Be fit (REN MLT) 11 2:00 Temple Shalom Live Stream Service (REN MLT) 2:30 Snack Cart AL (REN MLT) 3:00 Mother's Day Craft (REN MLT) 7:00 Evening Movie</p>
<p>Mother's Day 12 9:30 Catholic Communion (Room to Room) 10:15 * First Presbyterian Church Run (LOB) 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 2:00 Mother's Day Tea (REN Parlor) 7:00 Evening Movie</p>	<p>10:00 Group Walk (REN MLT) 13 11:00 Sit n Be fit (REN MLT) 2:00 Animal Trivia IN2L (REN MLT) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 Daily Crosswords (REN MLT) 14 10:00 St. Leos Mass (MLT) 10:30 Annual Shred Day (North Lot) 11:00 Sit n Be fit (REN MLT)</p>	<p>10:00 Daily Crosswords (REN MLT) 15 11:00 Sit n Be fit (REN MLT) 1:45 Publix & Walmart Shopping 3:00 Conversations & Readings with Flo (REN Parlor) 6:30 Evening Bridge Card Game</p>	<p>10:00 Malcolm X Discussion (REN MLT) 16 11:00 Sit n Be fit (REN MLT) 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 17 11:00 Sit n Be fit (REN MLT) 2:00 Jewelry Making Craft (REN MLT) 7:00 Evening Movie</p>	<p>11:00 Sit n Be fit (REN MLT) 18 2:00 Armchair Travel "Baltics" (REN MLT) 3:00 HeadBandz Game (REN MLT) 7:00 Evening Movie</p>
<p>9:30 Catholic Communion (Room to Room) 19 10:15 * First Presbyterian Church Run (LOB) 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 2:00 Non Denominational Church Service (REN MLT) 2:30 Snack Cart AL 7:00 Evening Movie</p>	<p>10:00 Group Walk (REN MLT) 20 11:00 Phil Leto Presents... (PAC) 11:00 Sit n Be fit (REN MLT) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 Daily Crosswords (REN MLT) 21 11:00 Sit n Be fit (REN MLT) 11:00 The Terraces Review Update with Ron Jennette (PAC) 2:00 Fresh Fruit Smoothie Bar (REN MLT) 3:00 Nurse Bob Music (SNF LIV2)</p>	<p>10:00 Daily Crosswords (REN MLT) 22 11:00 Sit n Be fit (REN MLT) 1:45 Publix & Coconut Point Shopping 2:00 Jim & Lynn Music (REN Parlor) 6:30 Evening Bridge Card Game</p>	<p>10:00 Daily Crosswords (REN MLT) 23 11:00 Sit n Be fit (REN MLT) 2:00 BINGO (REN MLT) 3:00 Book Club Meet (REN MLT)</p>	<p>10:00 Bible Study 24 11:00 Sit n Be fit (REN MLT) 2:00 Val's Club Meet (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Daily Crosswords (REN MLT) 25 11:00 Sit n Be fit (REN MLT) 2:00 Temple Shalom Live Stream Service (REN MLT) 7:00 Evening Movie</p>
<p>9:30 Catholic Communion (Room to Room) 26 10:15 * First Presbyterian Church Run (LOB) 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 7:00 Evening Movie</p>	<p>Memorial Day 27 10:00 Group Walk (REN MLT) 11:00 Sit n Be fit (REN MLT) 2:30 Neil Zirconia "The Faux Diamond" (PAC) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 St. Leos Mass (MLT) 28 11:00 Sit n Be fit (REN MLT) 1:30 Resident Council Meeting (REN MLT) 3:00 Empath Home Health (MLT)</p>	<p>10:00 Group Walk (REN MLT) 29 11:00 Sit n Be fit (REN MLT) 1:45 Publix & Walmart Shopping 2:00 Book Club Meet (REN MLT) 4:00 Dr. Cimarusti Talks.... (PAC) 6:30 Evening Bridge Card Game</p>	<p>11:00 Sit n Be fit (REN MLT) 30 2:00 BINGO (REN MLT) 3:00 May birthday Celebrations (REN MLT)</p>	<p>10:00 Bible Study 31 11:00 Sit n Be fit (REN MLT) 2:00 Music/ Trivia IN2L (REN MLT) 4:30 Live Evening Dinner Music (3rd FL AL Dining) 7:00 Evening Movie</p>	 <p>Catholic Communion (by room) Every Sunday 9:30am</p>

May 2024

Renaissance Assisted Living

SUN	MON	TUE	WED	THUR	FRI	SAT
 <p>HAPPY Mother's DAY</p>	 <p>MEMORIAL DAY REMEMBER AND HONOR</p>	 <p>Catholic Communion (by room) Every Sunday 9:30am</p>	<p>10:00 Daily Cross words (REN MLT) 1 11:00 Sit n Be fit (REN MLT) 2:00 Bake some Cookies (REN MLT)</p>	<p>10:00 Group Walk (REN MLT) 2 11:00 Moving & Grooving (SNF LIV2) 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 3 10:30 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 National Space Day (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Daily Crosswords (REN MLT) 4 11:00 Sit n Be fit (REN MLT) 2:00 Saturday Game Day (REN MLT) 7:00 Evening Movie</p>
<p>Cinco de Mayo 9:30 Catholic Communion (Room to Room) 5 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 11:00 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 Non Denominational Church Service (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Group Walk (REN MLT) 6 11:00 Sit n Be fit (REN MLT) 3:00 Cinco De Mayo Party (REN Parlor) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 Painting w/ Jenn (REN MLT) 7 10:45 Morning Stroll 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 Book Club Meet (REN MLT) 3:00 Great Pyrenees Pet Therapy</p>	<p>10:00 Group Walk (REN MLT) 8 11:00 Sit n Be fit (REN MLT) 2:00 IN2L Festivities (REN MLT)</p>	<p>10:00 Alzheimer's Support Group (MLT) 9 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 10 10:30 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:30 Val's Club Meet (REN MLT) 7:00 Evening Movie</p>	<p>11:00 Sit n Be fit (REN MLT) 11 2:00 Temple Shalom Live Stream Service (REN MLT) 3:00 Mother's Day Craft (REN MLT) 7:00 Evening Movie</p>
<p>Mother's Day 9:30 Catholic Communion (Room to Room) 12 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 11:00 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 Mother's Day Tea (REN Parlor) 7:00 Evening Movie</p>	<p>10:00 Group Walk (REN MLT) 13 11:00 Moving & Grooving (SNF LIV2) 11:00 Sit n Be fit (REN MLT) 2:00 Animal Trivia IN2L (REN MLT) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 Daily Crosswords (REN MLT) 14 10:00 St. Leos Mass (MLT) 10:45 Morning Stroll 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart</p>	<p>10:00 Daily Crosswords (REN MLT) 15 11:00 Sit n Be fit (REN MLT) 3:00 Conversations & Readings with Flo (REN Parlor)</p>	<p>10:00 Malcolm X Discussion (REN MLT) 16 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 17 10:30 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 Jewelry Making Craft (REN MLT) 7:00 Evening Movie</p>	<p>11:00 Sit n Be fit (REN MLT) 18 2:00 Armchair Travel "Baltics" (REN MLT) 3:00 HeadBandz Game (REN MLT) 7:00 Evening Movie</p>
<p>9:30 Catholic Communion (Room to Room) 19 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 11:00 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 Non Denominational Church Service (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Group Walk (REN MLT) 20 11:00 Sit n Be fit (REN MLT) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 Daily Crosswords (REN MLT) 21 10:45 Morning Stroll 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 Fresh Fruit Smoothie Bar (REN MLT) 3:00 Nurse Bob Music (SNF LIV2)</p>	<p>10:00 Daily Crosswords (REN MLT) 22 11:00 Sit n Be fit (REN MLT) 3:00 Jim & Lynn Music (SNF LIV2)</p>	<p>10:00 Daily Crosswords (REN MLT) 23 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 2:00 BINGO (REN MLT)</p>	<p>10:00 Bible Study 24 10:30 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 Val's Club Meet (REN MLT) 7:00 Evening Movie</p>	<p>10:00 Daily Crosswords (REN MLT) 25 11:00 Sit n Be fit (REN MLT) 2:00 Temple Shalom Live Stream Service (REN MLT) 2:30 snack cart SNF (SNF LIV3) 7:00 Evening Movie</p>
<p>9:30 Catholic Communion (Room to Room) 26 10:30 Bingo (REN MLT) 10:30 St Leo's Church Run (LOB) 11:00 Morning Stroll 11:00 Sit n Be fit (REN MLT) 7:00 Evening Movie</p>	<p>Memorial Day 27 10:00 Group Walk (REN MLT) 11:00 Moving & Grooving (SNF LIV2) 11:00 Sit n Be fit (REN MLT) 2:30 Neil Zirconia "The Faux Diamond" (PAC) 3:00 Happy Hour (REN Parlor)</p>	<p>10:00 St. Leos Mass (MLT) 28 10:45 Morning Stroll 11:00 Sit n Be fit (REN MLT) 1:30 Snack Cart 3:00 Empath Home Health (MLT)</p>	<p>10:00 Group Walk (REN MLT) 29 11:00 Sit n Be fit (REN MLT) 2:00 Book Club Meet (REN MLT)</p>	<p>11:00 Sit n Be fit (REN MLT) 30 1:30 Snack Cart 2:00 BINGO (REN MLT) 3:00 May birthday Celebrations (REN MLT)</p>	<p>10:00 Bible Study 31 10:30 Morning Stroll 11:00 Sit n Be fit (REN MLT) 2:00 Music/ Trivia IN2L (REN MLT) 7:00 Evening Movie</p>	<p><i>Make it a Great Month!</i></p>

May 2024

Renaissance Skilled Nursing



Concierge	239-949-7555
Guard House	239-949-7842
Salon and Spa	239-949-7850
De Leon Dining Room	239-949-7558
Bistro Dining	239-947-7508
Executive Director	239-949-7560
Executive Assistant	239-949-7561
Director of Residential Services	239-949-7563
Director of Plant Operations	239-949-7569
Director of Lifestyles	239-949-7567
Fitness & Wellness Coordinator	239-949-7568
Director of Marketing	239-949-7853
Billing Manager	239-949-7564
Business Office Manager	239-949-7562
Marketing Main	239-949-7852
Director of Dining Services	239-949-7565
Executive Chef	239-949-7566
Renaissance Concierge	239-949-7858
Healthcare Administrator	239-949-7570
Director of Nursing	239-949-8001
Director of Therapy	239-949-7557
Assisted Living Manager	239-949-7571
Assisted Living & Memory Care Marketing	239-949-7853

Terrace Trips



Tuesdays, Thursdays, and Wednesday

Mornings:

Medical transportation by appt and availability

Friday: Banking and Pharmacy: 10am or by availability

Airport Trips: Reservation and Availability

Clinic & Other On-Site Physicians

Dr. Jim Liu every Mon. & Wed.
 9:00 am - 5:00 pm (1-904) 990-4001 - clinic
 Dr. Sajid Wazir (239) 591-5979
 Dr. Brooke Austin and Dr. Gregory Mazur (Podiatrists)- Once per month on Fridays (Clinic) - Resident Service Director to schedule appointments.
 Dr. Patricia Pavlos, DDS - **Mobile Dentistry** (239) 598 - 3032
 Brittany Vogt, PA On Site Dermatology (1-877) 345-5300

Resident Council Committee Meetings

Lifestyles Committee ...1st Wednesday of the Month, 9:00am - Admin Conference Rm
Finance Committee ... 3rd Thursday of the Month at 10:00am - Admin Conference Rm
Food and Beverage Committee ... 3rd Monday of the Month at 10:00am - Admin Conference Rm
Campus and Facilities Committee ... 2nd Thursday of the Month at 10:30am—Sunset Lounge
Marketing Committee ... 2nd Monday of the Month at 10:00am - Admin Conference Rm

A Check-in with Becky.

2nd Wednesday of the Month
6th Floor Sunset Lounge
9:30 am or 10:30am - see binder to sign up!

26455 S Tamiami Trail
 Bonita Springs, Florida 34134
 239-949-7555
www.theterracesatbonitasprings.com
 ALF # 12385