



SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Rosh Hashanah: Oct 2 - Oct 4</p> <p>Yom Kippur: Oct 11 - 12</p> 		<p>9:00 Bocce Practice (CRT) 1</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p> <p>1:00 Bridge (CRD)</p> <p>2:00 Sip Bubbly and Chat JT Private Duty (MLT)</p> <p>4:00 Cheer Time (Bistro)</p>	<p>Rosh Hashanah</p> <p>8:30 Power Up! (FIT) 2</p> <p>9:00 Crunch Time! (FIT)</p> <p>10:15 Fitness Foundations (Beginners and Intermediate) (FIT)</p> <p>10:30 Fine Mark Round Table (MLT)</p> <p>1:45 * Publix and Walmart Shopping (LOB)</p> <p>2:00 Touchtown/Uniguest Community App Clinic (MLT)</p> <p>4:00 Dr. Adrian Kerr Presents... (MLT)</p>	<p>9:00 Bocce Practice (CRT) 3</p> <p>11:30 Chair Yoga (MLT)</p> <p>4:00 Happy Hour with Quiet Storm (PAC)</p>	<p>11:00 Brain Games (LR) 4</p> <p>1:00 Duplicate Bridge (CRD)</p> <p>2:00 Now Serving: Rosh Hashanah Sangria (Living Room)</p> <p>7:00 Evening Movie (Channel 9023)</p>	<p>10:30 Low Impact Aerobics (FIT) 5</p> <p>7:00 Evening Movie (Channel 9023)</p>
<p>9:15 * Bay Presbyterian and First Presbyterian Church Run (LOB) 6</p> <p>10:30 St. Leo's Church Run (LOB)</p> <p>1:45 * Publix and Coconut Point Shopping (LOB)</p> <p>2:00 Non Denominational Church Service (REN MLT)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>8:30 Power Up! (FIT) 7</p> <p>9:00 Crunch Time! (FIT)</p> <p>9:15 Arts and Crafts (Arts and Craft Room)</p> <p>10:00 Evelyn and Arthur Trunk Show (MLT)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:30 Your Brain and More in 2024! (CRD)</p> <p>3:45 BINGO - (CRD)</p>	<p>9:00 Bocce Practice (CRT) 8</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:00 St. Leos Mass (MLT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p> <p>1:00 Bridge (CRD)</p> <p>4:00 Cheer Time (Bistro)</p>	<p>8:30 Power Up! (FIT) 9</p> <p>9:00 Crunch Time! (FIT)</p> <p>9:30 Chatty with Patty (Sunset Lounge)</p> <p>10:15 Fitness Foundations (Beginners and Intermediate) (FIT)</p> <p>10:30 Chatty with Patty (Sunset Lounge)</p> <p>1:00 Terraces Book Discussion (PAC)</p> <p>1:45 Publix and Coconut Point (LOB)</p>	<p>9:00 Bocce Practice (CRT) 10</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:00 Alzheimer's Support Group (MLT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:00 Blood Pressure Clinic (Clinic)</p> <p>11:30 Chair Yoga (MLT)</p> <p>4:00 Happy Hour with Deano Uno (PAC)</p>	<p>Yom Kippur Begins 11</p> <p>8:30 Power Up! (FIT)</p> <p>9:00 Crunch Time! (FIT)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:00 Brain Games (LR)</p> <p>1:00 Duplicate Bridge (CRD)</p> <p>7:00 Evening Movie (Channel 9023)</p>	<p>9:45 Wake Up Your Brain (CRD) 12</p> <p>10:30 Low Impact Aerobics (FIT)</p> <p>4:30 Yom Kippur (PAC)</p> <p>7:00 Evening Movie (Channel 9023)</p> <p>7:15 Estonia Hour (LR)</p>
<p>9:15 * Bay Presbyterian and First Presbyterian Church Run (LOB) 13</p> <p>10:30 St. Leo's Church Run (LOB)</p> <p>1:45 * Publix and Coconut Point Shopping (LOB)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>Indigenous Peoples' Day 14</p> <p>8:30 Power Up! (FIT)</p> <p>9:00 Crunch Time! (FIT)</p> <p>9:15 Arts and Crafts (Arts and Craft Room)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:00 TDM Tech Workshop (MLT)</p> <p>1:00 Your Brain and More in 2024! (CRD)</p> <p>3:45 BINGO - (CRD)</p>	<p>9:00 Bocce Practice (CRT) 15</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p> <p>1:00 Bridge (CRD)</p> <p>3:00 FGCU Jazz Concert (PAC)</p> <p>4:00 Cheer Time (Bistro)</p>	<p>8:30 Power Up! (FIT) 16</p> <p>9:00 Crunch Time! (FIT)</p> <p>10:15 Fitness Foundations (Beginners and Intermediate) (FIT)</p> <p>11:00 Brain Games (LR)</p> <p>1:45 * Publix and Walmart Shopping (LOB)</p>	<p>9:00 Bocce Practice (CRT) 17</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p>	<p>8:30 Power Up! (FIT) 18</p> <p>9:00 Crunch Time! (FIT)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:00 Brain Games (LR)</p> <p>1:00 Duplicate Bridge (CRD)</p> <p>7:00 Evening Movie (Channel 9023)</p>	<p>10:30 Low Impact Aerobics (FIT) 19</p> <p>7:00 Evening Movie (Channel 9023)</p>
<p>9:15 * Bay Presbyterian and First Presbyterian Church Run (LOB) 20</p> <p>10:30 St. Leo's Church Run (LOB)</p> <p>1:45 * Publix and Coconut Point Shopping (LOB)</p> <p>2:00 Non Denominational Church Service (REN MLT)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>8:30 Power Up! (FIT) 21</p> <p>9:00 Crunch Time! (FIT)</p> <p>9:15 Arts and Crafts (Arts and Craft Room)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:00 Phil Leto Presents... (PAC)</p> <p>1:00 Your Brain and More in 2024! (CRD)</p> <p>3:45 BINGO - (CRD)</p>	<p>9:00 Bocce Practice (CRT) 22</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:00 St. Leos Mass (MLT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p> <p>1:00 Bridge (CRD)</p> <p>4:00 Cheer Time (Bistro)</p>	<p>8:15 Power Up! (FIT) 23</p> <p>9:00 Crunch Time! (FIT)</p> <p>9:15 Fitness Foundations (Beginners and Intermediate) (FIT)</p> <p>10:00 651 Town Hall (PAC)</p> <p>1:45 Publix and Coconut Point (LOB)</p>	<p>9:00 Bocce Practice (CRT) 24</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:00 Blood Pressure Clinic (Clinic)</p> <p>11:30 Chair Yoga (MLT)</p> <p>4:00 A Very Mickey Happy Hour with DJ Ace (PAC)</p>	<p>8:30 Power Up! (FIT) 25</p> <p>9:00 Crunch Time! (FIT)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:15 Brain Games (LR)</p> <p>1:00 Duplicate Bridge (CRD)</p> <p>7:00 Evening Movie (Channel 9023)</p>	<p>9:45 Wake Up Your Brain (CRD) 26</p> <p>10:30 Low Impact Aerobics (FIT)</p> <p>11:00 Broadway Palm Presents (LOB)</p> <p>7:00 Evening Movie (Channel 9023)</p>
<p>9:15 * Bay Presbyterian and First Presbyterian Church Run (LOB) 27</p> <p>10:30 St. Leo's Church Run (LOB)</p> <p>1:45 * Publix and Coconut Point Shopping (LOB)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>8:30 Power Up! (FIT) 28</p> <p>9:00 Crunch Time! (FIT)</p> <p>9:15 Arts and Crafts (Arts and Craft Room)</p> <p>10:15 Balance and Stability (FIT)</p> <p>11:30 Your Brain and More in 2024! (CRD)</p> <p>3:45 BINGO - (CRD)</p>	<p>9:00 Bocce Practice (CRT) 29</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p> <p>1:00 Bridge (CRD)</p> <p>4:00 Cheer Time (Bistro)</p>	<p>8:30 Power Up! (FIT) 30</p> <p>9:00 Crunch Time! (FIT)</p> <p>10:00 Naples Zoo: Tour of the Wild (Meet in lobby at 10am)</p> <p>10:15 Fitness Foundations (Beginners and Intermediate) (FIT)</p> <p>1:45 * Publix and Walmart Shopping (LOB)</p> <p>4:00 Dr. Cimarusti Talks.... (PAC)</p>	<p>Halloween 31</p> <p>9:00 Bocce Practice (CRT)</p> <p>9:15 Fitness Foundations Level II (FIT)</p> <p>10:15 Fitness Foundations (Beginners) (FIT)</p> <p>11:30 Chair Yoga (MLT)</p> <p>4:00 Haunted Happy Hour with DJ Ace (PAC)</p>	<p>LOCATION KEY</p> <p>CRD - Card Room</p> <p>CRT - Courtyard</p> <p>FIT - Fitness Center</p> <p>LOB - Lobby</p> <p>MLT - Multipurpose Room</p> <p>PAC - Performing Arts Center</p>	

October 2024

The Terraces