


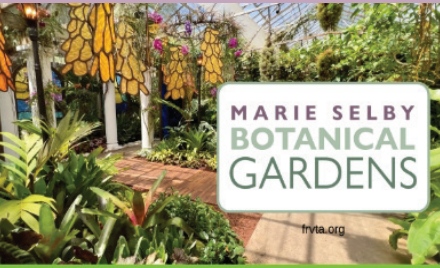




SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY CRD - Card Room CRT - Courtyard FIT - Fitness Center LOB - Lobby MLT - Multipurpose Room PAC - Performing Arts Center	 NATIONAL HEART MONTH Wear Red Fridays	 Community Team Jersey Day: Friday 2/7/25	 Sunday Feb 9 SUPER BOWL LIX	 Marie Selby Botanical Gardens Monday Feb 10	 HAPPY Valentine's DAY Friday February 14	9:45 Wake Up Your Brain (CRD) 1 12:30 Aloha Lane Crafts (MLT) 7:00 Evening Movie (Channel 9023)
Groundhog Day 2 10:15 First Presbyterian/ Bay Presbyterian Church Runs (LOB) 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie (Channel 9023)	9:00 Arts and Crafts (ACR) 3 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Keep The Brain Alive in 2025! (LR) 3:45 BINGO - (CRD)	9:00 Bocce Practice (CRT) 4 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	9:15 Body Conditioning (FIT) 5 10:15 Fitness Foundations/ Cardio (FIT) 11:00 Brain Games (LR) 1:00 Card Crafting: Valentines Day (ACR) 1:45 * Publix and Walmart Shopping (LOB) 2:00 OlympiaActs: Chair Volleyball Practice (FIT) 4:00 Dr. Adrian Kerr Presents... (MLT)	9:00 Bocce Practice (CRT) 6 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 4:00 Happy Hour with Christine and Billy (PAC)	9:15 Body Conditioning (FIT) 7 10:15 Balance and Stability (FIT) 11:00 Brain Teasers (LR) 1:00 Duplicate Bridge (CRD)	7:00 Evening Movie (Channel 9023) 8 7:15 Estonia Hour (LR)
10:15 First Presbyterian/Bay Presbyterian Church Runs (LOB) 9 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Non Denominational Church Service (REN MLT) 4:30 Evening Movie (Channel 9023) 5:30 Super Bowl Sunday Watch Party (PAC)	8:45 Marie Selby Gardens and Der Dutchman (LOB) 10 9:00 Arts and Crafts (ACR) 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Mobile Device Workshop with TDM Technologies (MLT) 3:45 BINGO - (CRD)	9:00 Bocce Practice (CRT) 11 9:15 Forever Fit (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	9:15 Body Conditioning (FIT) 12 10:15 Fitness Foundations/ Cardio (FIT) 11:00 Coffee with The RN (MLT) 1:00 Terraces Book Discussion (MLT) 1:45 Publix and Coconut Point (LOB) 2:00 OlympiaActs: Chair Volleyball Practice (FIT)	9:00 Bocce Practice (CRT) 13 9:15 Forever Fit (FIT) 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:00 Flex and Stretch (FIT) 1:00 Jimmy Mazz and Silly Love Songs (PAC)	Valentine's Day 14 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 10:30 "Sweetheart Sales Day" with Retail Therapy (MLT) 1:00 Duplicate Bridge (CRD) 4:00 Valentines Concert: Love in the Afternoon Recital (LR)	1:30 Saturday PAC Feature: Wicked (2024) (PAC) 15 7:00 Evening Movie (Channel 9023)
10:15 First Presbyterian/ Bay Presbyterian Church Runs (LOB) 16 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie (Channel 9023)	President's Day 17 9:00 Arts and Crafts (ACR) 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Phil Leto Presents... (PAC) 1:00 Keep The Brain Alive in 2025: OlympiaActs Trivia Practice (LR) 3:45 BINGO - (CRD)	9:00 Bocce Practice (CRT) 18 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 2:00 OlympiaActs: Putt Putt Practice (MLT) 3:00 FGCU Jazz Band Ensemble (PAC) 4:00 Cheer Time (Bistro)	9:15 Body Conditioning (FIT) 19 10:15 Fitness Foundations/ Cardio (FIT) 11:00 Brain Games (CRD) 11:00 OlympiaActs: Putt Putt Practice (MLT) 1:45 * Publix and Walmart Shopping (LOB) 2:00 OlympiaActs Chair Volleyball Practice (FIT) 4:00 FGCU Academy: Queen Victoria: The Grandmother of Europe (PAC)	9:00 Bocce Practice (CRT) 20 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 4:00 Happy Hour Quiet Storm (PAC)	9:15 Body Conditioning (FIT) 21 10:15 Balance and Stability (FIT) 11:00 Brain Games (LR) 1:00 Duplicate Bridge (CRD)	7:00 Evening Movie (Channel 9023) 22
10:15 First Presbyterian/ Bay Presbyterian Church Runs (LOB) 23 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Non Denominational Church Service (REN MLT) 4:30 Evening Movie (Channel 9023)	9:00 Arts and Crafts (ACR) 24 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Finemark Bank Outlook Recap (PAC) 1:00 Keep The Brain Alive in 2025! OlympiaActs Trivia Practice (LR) 3:45 BINGO - (CRD)	9:00 Bocce Practice (CRT) 25 9:15 Forever Fit (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 3:00 Empath Home Health (MLT) 4:00 Cheer Time (Bistro)	8:15 Body Conditioning (FIT) 26 9:15 Fitness Foundations/Cardio (FIT) 10:00 Ask The Director (PAC) 1:45 Publix and Coconut Point (LOB) 2:00 OlympiaActs Chair Volleyball Practice (FIT) 4:00 Dr. Cimarusti Talks.... (PAC)	9:00 Bocce Practice (CRT) 27 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:00 Flex and Stretch (FIT) 4:00 Happy Hour with Kel and Shel (PAC)	9:15 Body Conditioning (FIT) 28 10:15 Balance and Stability (FIT) 11:00 Brain Teasers (LR) 1:00 Duplicate Bridge (CRD)	 PRESIDENTS' DAY Monday, Feb 17

February 2025

The Terraces

