

THE TERRACES TIMES



Ask The Director

Wednesday, April 23 | 10:00AM | PAC



"Spring has a way of bringing everything back to life, even a broken heart"

Willie Nelson

IN THE NEWS

All About One Of Our Scholarship Applicants

Greeting residents in the De Leon Dining Room, as well as elsewhere in the community, is one thing Nahidelin Garcia enjoys about her position at the Terraces. Subsequently, we enjoy her beautiful smile of welcome.

Nahidelin began work four years ago as a server and today she is an Assistant Dining Room Manager. Pridefully, she has been a Terraces scholarship student for four years and she is in her final year at FGCU studying Entrepreneurship. The difference the scholarships have made for her in the last four years is huge, taking away much of the worry for financing classes as she could never save the necessary fees needed for five years of education.

Balancing work, family and friendships are important to her. Living at home with her parents, and a younger brother and sister, these scholarships have allowed her to continue studying. Giving her a much-needed benefit, which will lead to her dream of owning her own business.

She is the first generation to attend college and this has encouraged her younger siblings to also achieve their dream, which is very important to her. Her younger brother, who is enlisted in the USAF, and her younger sister, a freshman, will soon be taking college credits. All this academic focus could not be without support of her proud parents who have shown us that attending college can affect the whole family.

Her feeling of gratitude shows. Gratitude towards the Terraces, her Director, her coworkers and to the residents who support her. She glows when you talk to her about her dreams. In addition to her owning her own business, she wants to travel. Greece being her number one choice. I have a feeling she will accomplish both. A delightful young woman who enjoys helping others each day.

Please support our scholarship program, it truly does change lives.



**Shred Day 2025
Tuesday, April 29
10:00am - 12:00pm
North Lot**



Spring cleaning, post tax purging! Now is the time to destroy old documents and start your spring with less clutter and clearer minds!

JM Stevens Shredding Services of Naples returns to assist us with all of our shredding needs. The Shred Mobile will be parked in the North Lot for two hours. A nominal fee of \$8 to shred any and all documents this spring! Fee will be charged to your apartment. Please see binder to sign up.

SPECIAL EVENTS/PROGRAMS

Spring Concert: New Chorale Society of SWF Tuesday, April 1 | 3:00 PM | PAC

It's Spring and that means music is in the air!

Join the Chorale for another delightful hour of selections to include *Phantom of the Opera* and *Les Miserables* plus many more; and a sweet treat!



Our first April ***Simple Gift.*** Look for more!

Mike Lyons helped me with Ken's devices before and after his adventures in Renaissance. He was a huge help with the TV adjustments and making Ken feel at ease in his new environment.

Erma Wood



RAGTIME

Happy Hour

Featuring: James Leurrs

Thursday, April 17

4:00 PM | PAC

Join accomplished piano player, James Leurr 'ragging' on the ivories as he croons out favorite Ragtime melodies from an era long passed. Audience participation is encouraged. Beverages and old time treats are in store! Join us in the PAC.

Now, ain't that the cats pajamas!

HERE'S WHAT'S HOT AT THE TERRACES

Mobile Device Workshop

by TDM Technologies

Monday, April 14

11:00AM | MLT



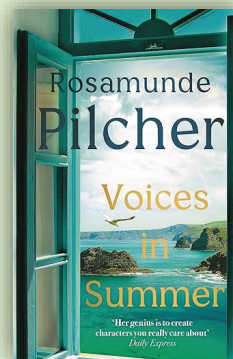
A tech class led by Tech Savvy - Computer educator, James Molnar as he covers all your cell phone, iPad and any computer issues and needs followed by Q&A session (5 min pp)

Terraces Book Discussion

Wednesday, April 9 | 1:00PM | MLT

Featured book:

"Voices in Summer"
by Rosamunde Pilcher



Our May Book:

"The Girl Who Wrote in Silk" by Kelli Estes

Meet and Greet



FIRST PRESBYTERIAN CHURCH
BONITA SPRINGS

MEET PASTOR STEVEN GRANT



With a degree in violin performance from the University of Missouri-St. Louis, Dr. Grant went on to McCormick Theological Seminary (Master of Divinity) and Westminster Theological Seminary (Doctor of Ministry). Ordained in 1986, Pastor Steven serves First Church as a faithful teacher and preacher, and leads group trips to the Holy Land. He also oversees our congregational care ministries and advises the Board of Deacons.

APRIL 30 2025

3:00PM | MLT

See binder to sign up



Coffee with RN
Monday, April 28
11:00am | MLT



Tara Jean Baptiste, RN with Heart Body and Mind rolls out her premiere session on relevant topics of the times. This month's topic: "All About Brain Health".

Please note: Due to the cancelled session in February, we are asking all attendees to re-register in the sign up book.

Thank You!



Business Center Hours
on the following Wednesdays in April:

April 2, 9, 16, 23, 30

Pick up and drop off are always available by emailing: bonitbayoffice@finemarkbank.com

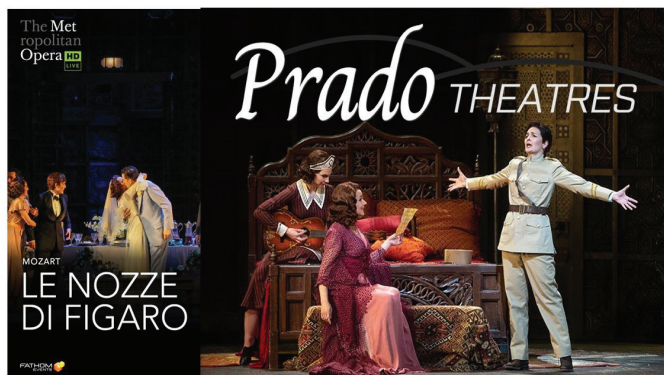
MONTHLY OUTINGS



Hapless but unflappable Charity Hope Valentine desperately seeks love and a better life in 1960s New York City in this exuberant, groovy, hilarious musical comedy. Featuring a book by Neil Simon and musical theatre standards like "Big Spender" and "There's Gotta Be Something Better Than This," this sparkling Tony Award winning musical was adapted into an Oscar-nominated film starring Shirley MacClaine. Enjoy pure musical theatre delight in this classic that captures all the energy, humor, and heartbreak of life in the Big City for an irrepressible optimist.

Wednesday, April 23, 2025
Meet in lobby at 12:45pm, depart at 1:00pm.
Showtime: 2:00pm (showtime 2.5 hrs)
\$79.00 per ticket (Charged to apartment).
See binder to sign up. Space is limited.

Waitlist Available!



Synopsis:

Conductor Joana Mallwitz makes her Met debut leading two extraordinary casts in Mozart's comic masterpiece. Bass-baritones Michael Sumuel and Luca Pisaroni star as the clever valet Figaro, opposite sopranos Olga Kulchynska and Rosa Feola as his betrothed, the wily maid Susanna. Baritone Joshua Hopkins and bass-baritone Adam Plachetka alternate as the skirt-chasing Count, sopranos Federica Lombardi and Jacquelyn Stucker (in her Met debut) trade off as his anguished wife, and mezzo-sopranos Marianne Crebassa and Emily D'Angelo share the role of the adolescent page Cherubino.

Saturday, April 26
Showtime: 1:00PM
Ticket: \$28.63 (charged to apartment)
@ The Prado Theaters

Meet in lobby at 12:15PM. Bus departs at 12:30pm.
See binder to sign up! Deadline April 3. Limited Seats!
Show time is 210 minutes with intermission.



Saturday, April 5
Meet in lobby @ 8:45am
Reservation: 9:00am

Join your fellow residents and gather for a casual brunch next door. A great way to meet new neighbors.

Individual checks arranged. Please see binder to sign up. Golf carts are available for transportation, if needed.

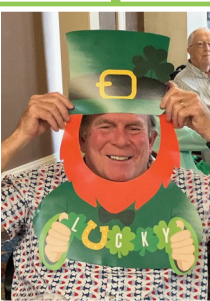
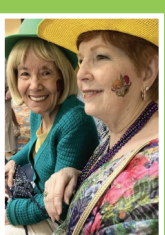
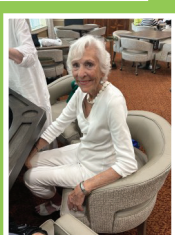


Our Birthdays!

Kathy Lyons	April 3
Lucile Labarbera	April 5
Renee Roelle	April 7
Robert Dunkle	April 7
Sondra Gibbons	April 8
Bernard Feldman	April 8
JoAnn Buffo	April 10
Diane Nicholas	April 11
Nancy Harper	April 11
Laura Cravens	April 12
Richard Coolen	April 16
Jeri Blair	April 17
Charles Nicholas	April 18
James McLaughlin	April 23
Jeanette Cropper	April 24
Barbara Bunting	April 25
Shirley Ebel	April 25
Jane Earle	April 28

A P R I L

H A P P Y B I R T H D A Y



A special "thank you" to Dorothy Guigon for sponsoring FGCU's Jazz Concert for the residents of The Terraces.

Lucille LaBarbera

LEARNING LABS

Dr. Adrian Kerr

Wednesday, April 2 | 4:00pm | MLT

“Islam: It’s Origin and Growth”

Islam is one of the four large religions of the world; and the fastest growing. It has always been an enigma to many observers in the West. It recognizes many of the important Christian and Hebrew prophets & their history and claims to be an extension of the two religions. Yet its history & fundamental beliefs are not well understood and in some cases even feared. We will investigate the important milestones in its turbulent history & its place in the modern world.



Phil Leto Presents:

DIFFERENT DAY: Monday, April 7 | 11:00am | PAC

“DOGE: Donald Trump, Elon Musk and the Evisceration of the Federal Government”

After his return to the Presidency on January 20, Donald Trump has begun an unprecedented dismantling and defunding of congressionally created cabinet departments and federal regulatory agencies. The main instrument for these actions has been “DOGE,” an acronym for the position Elon Musk occupies as a non-Senate confirmed special advisor to the President. The Department of Education, CDC, EPA, IRS and USAID are just a few of the entities already affected. Will Medicaid, Medicare and Social Security be next? Are these actions Constitutional? Why isn’t Congress defending its turf?

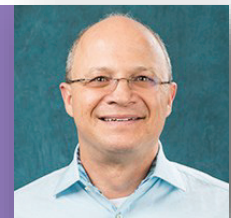


Dr. Cimarusti

Wednesday, April 23 | 4:00pm | PAC

“Mozart: The Marriage of Figaro”

Following his move to Vienna in 1781, Mozart composed several operas that represent the pinnacle of the genre in the 18th century -- including his comedy, *The Marriage of Figaro*. Come join Dr. Tom Cimarusti (Professor of Music History at Florida Gulf Coast University) as he explores one of Mozart's masterpieces, detailing the reception of the opera, the composer's musical language, and how music was used as social commentary. Be prepared for some laughs and giggles with this opera!



Beth McGregor befriended Paul Mitchell, who was stricken with a rare disease. She made sure he met as many residents as possible, took him to his favorite restaurant and on many excursions. She asked many of us to look in on Paul when she was away & to invite him to dine with us. Beth is an exceptionally kind and thoughtful person who genuinely cares for others and goes out of her way to lend a helping hand.

Happily submitted by
Barbara Nalbene

WELLNESS

How Many Calories are in Alcohol?

Alcohol doesn't have nutritional labels or standard mixers, so figuring out alcohol nutrition information can be very confusing. One gram of alcohol has seven calories. But calculating the calories of common beverages gets complicated.

In order to calculate the calories in popular drinks you need to know the size of the beverage, how much alcohol it has, and what the other ingredients are. And even then, the number of calories of alcohol can depend on the brand, ingredients, and kind of mixers or add-in's. Here's a list of the 20 most popular alcoholic drinks in America, organized by popularity.

 100 calories Light Beer 12 oz	 150 calories Regular Beer 12 oz.	 120-130 calories Wine 5oz	 90-100 calories Champagne 5oz	 97 calories Vodka 1.5oz
 97 calories Rum 1.5oz	 97 calories Whiskey 1.5oz	 97 calories Tequila 1.5oz	 97 calories Gin 1.5oz	 28-340 calories Margarita 8oz
 215-250 calories Mojito 8oz	 500-650 calories Pina Colada 8oz	 780-900 calories Long Island Ice Tea 8oz	 120-140 calories Bloody Mary 8oz	 140-210 calories Martini 2.25
 200-250 calories Cosmopolitan 4oz	 160-200 calories Manhattan 3oz	 400-500 calories White Russian 6oz	 350-450 calories Mai Tai 6oz	 150-200 calories Sangria 8oz



Phyllis Auman and Sheila Pedisich were so helpful after my fall. Phyl brought my dinner to my apartment until she began wheeling me to the dining room. Sheila drove me where I needed to go.

Anonymous

More **Simple Gifts** coming in May!

Alzheimer's Support Group

Meets 2nd Thursday of Month

10:00am | MLT



Mark Your Wellness Calendar:

Keep Your Brain Alive in 2025: April 21, 28

Wake Up Your Brain: April 5, 19

Brain Games: April 2, 23, 30

Brain Teasers: April 4

Please check your calendar for specific times!



Blood Pressure Clinic
Every 2nd, 4th Thursday
Clinic - 11am - 12pm



Presentation by Amy Lloyd, RN

Tuesday, April 22

3:00pm | MLT

This Month's Topic:
"Healthy Joints, and
Common Disorders"



GET INVOLVED

Mondays

Arts & Crafts 9:15am Craft Room

Bingo 3:45pm Card Room

\$5.00 = 2 cards



Tuesdays

Bridge 1:00pm Card Room



Wednesdays

Mexican Train 6:30pm MLT

Poker 7:30pm Card Room

Please call Mike Stollmeyer

239-676-1934



Thursdays

Hand Knee and Foot 12:30pm Card Room

Fridays

Duplicate Bridge 1:00pm Card Room

Please call Joanna Davies at 239-777-0581

Saturday

Hand Knee and Foot 12:30pm Card Room

** Please review our black book near the mailboxes in case there is interest in any type of games.*

Mark Your Calendar!

New Chorale of SWF Concert: 4/1

Dr. Adrian Kerr: 4/2



Birthday Happy Hour: 4/3

OUTING: Bonita Brunch: 4/5

National Caramel Day: 4/5

Terraces Book Discussion: 4/9

Passover Seder: 4/12

Estonia Hour: 4/12

TDM Technologies: 4/14



Ragtime Happy Hour: 4/17

David G23: 4/18

Phil Leto Presents: 4/7

Empath Home Health: 4/22

Town Hall Meeting: 4/23

Outing: Gulfshore Playhouse: 4/23

Dr. Cimarusti: 4/23

Happy Hour: 4/24

Outing: Prado Theater: 4/26

Coffee with the RN: 4/28

Shred Day: 4/29

First Presbyterian Meet and Greet: 4/30

A Ragtime Musical Fact:

"The Entertainer", was popularized from the 1970's movie "The Sting". This catchy tune also became fondly known as the 'ice cream truck song' because it was chosen as the song of choice on many ice cream trucks nationwide dating back to the 1970s.

HAPPY HOUR



Thursday, April 4: Birthday Happy Hour w/Quiet Storm

Thursday, April 10 - Bye Week

Thursday, April 17: Ragtime Hour Happy Hour w/Jim Leurrs

Thursday, April 24: Nicole D.

WEEKEND SPOTLIGHTS

Estonia Hour With Doug Williams

Saturday April 12
7:15pm | LR



Come listen to Doug
play our Estonia Piano!

Plus, Doug will be performing in our
DeLeon for Easter Sunday Brunch.

National Caramel Day Saturday April 5 1:30 PM | Living Room

What's Val stirring up this month?
Stop by the living room for a sweet
Caramel Treat after lunch!

Seder Dinner Service Saturday, April 12 5:00 PM | PAC



Celebrate Passover with a traditional Seder Dinner.

Mindee will lead us in prayer and fellowship in this special holy holiday. Seder Dinner to be charged to your apartment. See binder for more information and to sign up.

All faiths welcome while seating permits.

SIGN UP



Sunday Matinee Classics: April is All About Baseball!

Channel 9023 has hit a homerun with these movie classics about America's favorite sport!

Sunday, April 6: "The Sandlot"

Sunday, April 13:

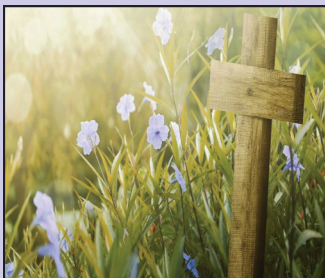
"A League of Their Own"

Sunday, April 20: "The Natural"

Sunday, April 27: "Field of Dreams"

Channel 9023 | 4:30PM | Sundays

St Leo's Catholic Easter Service Sunday, April 19 | 10:30AM | MLT



Join us to celebrate Easter Blessings in a short Easter Prayer Service with the sacrament of Holy Communion prior to Easter Brunch. See binder to sign up.

SIGN UP



Space is limited.

Art in The Afternoon

Saturday April 19 | MLT | 1:00PM



Everyone needs a little spring in their life! Grab some paints, brushes and a chair and Val will lead you through the finished product.

Sign up through the Community App.

SIGN UP



SALES AND MARKETING UPDATE WITH RACHEL HENDERSON

*"It is Spring Again.
The Earth is like a Child That Knows Poems by Heart."
– Rainer Maria Rilke*

I wanted to thank you all again for your support of your marketing team. I believe we have the right people in place in the marketing department. My mindset is always focused on performance and measurable outcomes. Our goal is to help tackle senior loneliness and challenge today's misconceptions about senior living options, all the while helping The Terrace residents thrive. We are committed to enriching the lives of seniors in our community. We certainly have all the tools in place! Three highly valuable tools include:

1. Targeted Ad Placement: This involves ads popping up when people are looking for Solutions.
2. Conversation focused Landing Pages: Specific location to generate live chat, and Interest.
3. Custom Customer Relations Management Program: CRM, phone, and form tracking.

As sales professionals, we focus on "Lead Nurturing". This includes email marketing automation, targeting with branded content, that follows our audience. On a lighter note, I wanted to inform you all that you have a few new neighbors moving in this month. We also have 3 new sales thus far for 2025. Our occupied census for Independent Living is 81.7% and we are sold at 84.5%. We also have 16 on the list for our Future Resident Club. If you have friends that may be interested in learning more about The Terraces, feel free to reach out to us!

Yours in service,

Rachel Henderson
Director of Sales & Marketing

DAVIDE G23

Local artist, David G. Hunter shares his musical talents in a very intimate after dinner setting! A self taught guitarist, David has been playing the acoustical guitar since the age of 14 and one of his greatest joys is sharing his music with others.

Stop by after dinner and share in on an intimate and organic acoustical musical journey on this holiday weekend!

Friday, April 18 | 7:30PM | Living Room

New Artist Spotlight!



RENAISSANCE ACTIVITIES

April News Corner

Welcome to Spring! It's gardening time we will be adding more to our raised garden bed this month. Please be on the lookout to what is new and appreciate the beauty around us!

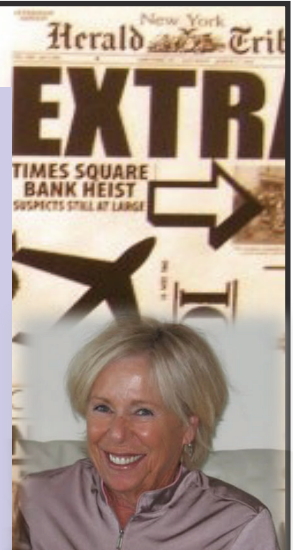
We want to welcome Linda Morris to the team as she is our newest associate. Linda loves working with all of the residents and she plans to bring some fun activities to all of you in the upcoming months.

We have some fun things planned for you for Easter, so look at the calendar and plan to participate!

For those that we have lost recently we will greatly miss you all, may you rest peacefully, and we will always remember the moments we had together.

- John "Bruce" Hasch (Skilled Nursing)
- Roberta Marshall (Skilled Nursing)
- Manuel Ting (Skilled Nursing)

Brittney



Meet Linda!



Fran will push someone in a wheelchair and often even interrupts her meal to help.

Patty Wrecke

More ***Simple Gifts*** coming in May!

RENAISSANCE ACTIVITIES

April Birthdays

Gloria Murray	April 10
Stella Lanaghan	April 12
Gerald Evans	April 12
Nancy Drury	April 16
Clare Anderson	April 18
Hiltraud Sincore	April 26

Happy Hours

Kel and Shel April 7th
 Peggy April 14th
 Tony April 21th
 Kel and Shel April 28

Pet Therapy Days

Wed April 2, Fri April 18 and
 Thurs April 24
 See calendar for times!



St Leos Mass

2nd and 4th Tuesdays
 10:00am | IL MLT



Wake Your Brain!

Crossword | REN MLT
 Get your brain moving!
 See Calendars for days, times and location



Jim and Lynn Sing Along

Wednesday, April 23
 2:00PM (REN MLT) 3:00PM (SN)



Thursdays: 2:00pm

Sundays: 10:30am

REN MLT

Val's Club

Friday, April 4 | 2:00PM
 REN MLT



Therapeutic Art with Pamela

Tuesday, April 8
 2:30PM | REN MLT



Arm Chair Travel

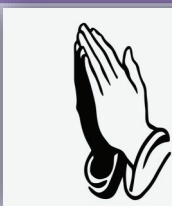
"Colombia"

Friday, April 11
 2:00PM | REN MLT



Non Denominational Church Service

Sundays: April 6, April 20
 2:00PM | REN MLT



Jewelry Making

Friday April 18
 2:00PM | REN MLT




SUN	MON	TUE	WE
LOCATION KEY CRD - Card Room CRT - Courtyard FIT - Fitness Center LOB - Lobby	MLT - Multipurpose Room PAC - Performing Arts Center	April Fool's Day 9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 3:00 New Chorale of SWF (PAC) 4:00 Cheer Time (Bistro)	1 9:15 Body Condition (FIT) 10:15 Fitness Found Cardio (FIT) 11:00 Brain Games 1:45 * Publix and W Shopping (LOB) 2:00 Chair Volleybc 4:00 Dr. Adrian Kerr (PAC)
10:15 First Presbyterian/ Bay Presbyterian Church Runs (LOB) 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Non Denominational Church Service (REN MLT) 4:30 Evening Movie (Channel 9023)	6 9:00 Arts and Crafts (MLT) 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Phil Leto Presents... (PAC) 3:45 BINGO - (CRD)	7 9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	8 9:15 Body Conditioni 9:30 Coffee and Conversations (Sun Lounge) 10:15 Fitness Founda 10:30 Coffee and Co (Sunset Lounge) 1:00 Terraces Book D 1:45 Publix and Coc
Palm Sunday Passover 10:15 First Presbyterian/ Bay Presbyterian Church Runs (LOB) 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie (Channel 9023)	13 9:00 Arts and Crafts (MLT) 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Mobile Device Workshop with TDM Technologies (MLT) 3:45 BINGO - (CRD)	14 Tax Day 9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	15 9:15 Body Conditioning 10:15 Fitness Foundations (FIT) 1:45 * Publix ar Shopping (L 2:00 Chair Voll
Easter 10:15 First Presbyterian/Bay Presbyterian Church Runs (LOB) 10:30 St Leo's Easter Prayer Service (MLT) 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 2:00 Non Denominational Church Service (REN MLT) 4:30 Evening Movie (Channel 9023)	20 9:00 Arts and Crafts (MLT) 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 1:00 Keep The Brain Alive in 2025! (LR) 3:45 BINGO - (CRD)	21 Earth Day 9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:00 St. Leos Mass (MLT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 3:00 Empath Home Health (MLT) 4:00 Cheer Time (Bistro)	22 8:15 Body Condition (FIT) 9:15 Fitness Founda Cardio (FIT) 10:00 Ask The Direc 12:45 Gulfshore Pla Charity (LOB) 1:00 Brain Games (l 1:45 Publix and Co (LOB) 4:00 Dr. Cimarusti T
10:15 First Presbyterian/ Bay Presbyterian Church Runs (LOB) 10:45 St. Leo's Church Run (LOB) 1:45 * Publix and Coconut Point Shopping (LOB) 4:30 Evening Movie (Channel 9023)	27 9:00 Arts and Crafts (MLT) 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 11:00 Coffee with The RN (MLT) 1:00 Keep The Brain Alive in 2025! (LR) 3:45 BINGO - (CRD)	28 9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:00 Shred Day (North Lot) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 1:00 Bridge (CRD) 4:00 Cheer Time (Bistro)	29 9:15 Body Condition (FIT) 10:15 Fitness Found Cardio (FIT) 11:00 Brain Games 1:45 * Publix and W Shopping (LOB) 2:00 Chair Volleybc 3:00 First Presbyteria Greet (MLT)

April 2025

The Terraces

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Conditioning (FIT) (Sunset Foundations/Cardio (FIT) 1 Conversations (a) ock Discussion (MLT) Coconut Point (LOB)	9	9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:00 Alzheimer's Support Group (MLT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:00 Flex and Stretch (FIT)	10	9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie (Channel 9023)	11	2:00 Resident Led Chair Volleyball (FIT) 5:00 Seder Dinner and Prayer Service (PAC) 7:00 Evening Movie (Channel 9023) 7:15 Estonia Hour (LR)	12
ing (FIT) s ons/Cardio k and Walmart (LOB) olleyball (FIT)	16	9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/ Tone (FIT) 11:00 Flex and Stretch (FIT) 4:00 Ragtime Happy Hour with Jim Leurrs (PAC)	17	Good Friday 9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie (Channel 9023) 7:30 Davide G23 (LR)	18	9:15 Forever Fitness (FIT) 10:15 Fitness Foundations Tone/ Beginners (FIT) 11:00 Wake Up Your Brain (LR) 1:00 Art in the Afternoon (MLT) 7:00 Evening Movie (Channel 9023)	19
Conditioning Foundations/ Director (PAC) Playhouse: Sweet es (LR) Coconut Point sti Talks.... (PAC)	23	9:00 Bocce Practice (CRT) 9:15 Forever Fit (FIT) 10:15 Fitness Foundations/Tone (FIT) 11:00 Blood Pressure Clinic (Clinic) 11:00 Flex and Stretch (FIT) 4:00 Happy Hour with Nicole D. (PAC)	24	9:15 Body Conditioning (FIT) 10:15 Balance and Stability (FIT) 1:00 Duplicate Bridge (CRD) 7:00 Evening Movie (Channel 9023)	25	12:15 Prado Theater Met Opera: Le Nozze de Figaro (LOB) 2:00 Resident Led Chair Volleyball (FIT) 7:00 Evening Movie (Channel 9023)	26
Conditioning Foundations/ nes (LR) d Walmart (B) yball (FIT) terian Meet and	30	 Sunday April 20		 Tuesday, April 22		 Saturday April 12	

SUN	MON	TUE	WE
LOCATION KEY CRT - Courtyard LOB - Lobby MLT - Multipurpose Room PAC - Performing Arts Center		April Fool's Day 10:00 Daily Chronicle (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Trivia Time (REN MLT) 3:00 New Chorale of SWF (PAC) 6:00 Evening Bridge Card Game	1 10:00 Daily Crossv (REN MLT) 11:00 Sit 'n Be Fit (MLT) 1:30 Welcome Res ASL SNF (REN I) 1:45 Publix & Walr 3:00 Pet therapy w (MLT)
9:30 Catholic Communion (Room to Room) 6 10:30 Bingo (REN MLT) 10:45 St. Leo's Church Run (LOB) 2:00 Non Denominational Church Service (REN MLT) 4:30 Evening Movie (Channel 9023)	10:00 Crosswords (REN MLT) 7 11:00 Phil Leto Presents... (PAC) 11:00 Sit 'n Be Fit (REN MLT) 1:30 Gardening week Starts (CRT) 2:00 Happy Hour (REN Parlor)	10:00 Daily Chronicle (REN MLT) 8 10:00 St. Leos Mass (MLT) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Trivia Time (REN MLT) 2:30 Therapeutic Art w/ Pamela (REN MLT) 6:00 Evening Bridge Card Game	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n B (REN MLT) 1:45 Publix & Point Shop
Palm Sunday Passover 9:30 Catholic Communion (Room to Room) 13 10:30 Bingo (REN MLT) 10:45 St. Leo's Church Run (LOB) 2:00 Sit 'n Be Fit (REN MLT) 4:30 Evening Movie (Channel 9023)	14 10:00 Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Happy Hour (REN Parlor)	15 10:00 Daily Chronicle (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Trivia Time (REN MLT) 6:00 Evening Bridge Card Game	10:00 Daily Crossv (REN MLT) 11:00 Sit 'n Be Fit (MLT) 1:45 Publix & Walr 2:00 Easter Arts ai (REN MLT) 3:00 Conversation (REN MLT)
Easter 9:30 Catholic Communion (Room to Room) 20 10:00 Easter egg Hunt (REN MLT) 10:30 St Leo's Easter Prayer Service (MLT) 10:30 Bingo (REN MLT) 10:45 St. Leo's Church Run (LOB) 2:00 Non Denominational Church Service (REN MLT) 4:30 Evening Movie (Channel 9023)	21 10:00 Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Happy Hour (REN Parlor)	22 Earth Day 10:00 Nurse Bob Music (SNF LIV2) 10:00 St. Leos Mass (MLT) 10:30 Nurse Bob Music (SNF LIV2) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Trivia Time (REN MLT) 3:00 Empath Home Health (MLT) 6:00 Evening Bridge Card Game	10:00 Daily Crosswor (REN MLT) 11:00 Sit 'n Be Fit (RE MLT) 1:45 Publix & Coconu 2:00 Jim and Lynn M 3:00 Jim and Lynn M 4:00 Dr. Cimarust (PAC)
9:30 Catholic Communion (Room to Room) 27 10:30 Bingo (REN MLT) 10:45 St. Leo's Church Run (LOB) 2:00 Sit 'n Be Fit (REN MLT) 4:30 Evening Movie (Channel 9023)	28 10:00 Crosswords (REN MLT) 11:00 Movin & Groovin Music Program (SNF LIV2) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Happy Hour (REN Parlor)	29 10:00 Daily Chronicle (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 2:00 Trivia Time (REN MLT) 6:00 Evening Bridge Card Game	10:00 Daily Cross (REN MLT) 10:00 Painting w/ (REN MLT) 11:00 Sit 'n Be Fit 1:45 Publix & Wal Shopping 2:00 The History Jazz Music (RE

April 2025

Renaissance Assisted Living

WED		THUR		FRI		SAT	
<p>crosswords</p> <p>Fit (REN</p> <p>Residents Tour/ (REN MLT)</p> <p>Walmart Shopping w/ Sadie (REN</p>	2	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 BINGO (REN MLT)</p>	3	<p>10:00 Bible Study (REN LOB)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Val's Club (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	4	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Assorted Game Time Activity (REN MLT)</p> <p>2:00 Temple Of Shalom Service (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	5
<p>y rds LT)</p> <p>1 Be Fit LT)</p> <p>& Coconut Shopping</p>	9	<p>10:00 Daily Crosswords (REN MLT)</p> <p>10:00 Alzheimer's Support Group (MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 BINGO (REN MLT)</p>	10	<p>10:00 Bible Study (REN LOB)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Armchair Travel "Columbia" (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	11	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Assorted Game Time Activity (REN MLT)</p> <p>5:00 Seder Dinner and Prayer Service (PAC)</p> <p>7:00 Evening Movie (Channel 9023)</p>	12
<p>crosswords</p> <p>Fit (REN</p> <p>Walmart Shopping ts and Crafts</p> <p>tions W/ Flo</p>	16	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 BINGO (REN MLT)</p>	17	<p>Good Friday</p> <p>10:00 Bible Study (REN LOB)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Jewelry Making Session (REN MLT)</p> <p>3:00 Pet therapy w/ Simba (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	18	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Assorted Game Time Activity (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	19
<p>crosswords</p> <p>Fit (REN</p> <p>Coconut Point Shopping in Music (REN MLT)</p> <p>in Music (SNF LIV2)</p> <p>rusti Talks....</p>	23	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 BINGO (REN MLT)</p> <p>3:00 Pet therapy w/ Teddy (REN MLT)</p>	24	<p>10:00 Bible Study (REN LOB)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 International Chernobyl Remembrance Day (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	25	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>2:00 Assorted Game Time Activity (REN MLT)</p> <p>7:00 Evening Movie (Channel 9023)</p>	26
<p>crosswords</p> <p>g w/ Jenn</p> <p>Fit (REN MLT)</p> <p>Walmart</p> <p>ory and Soul of (REN MLT)</p>	30	 <p>Sedar Dinner & Prayer Service (PAC IL) 4-12-25 At 5:00 pm</p>		 <p>Creative Art W/ Pamela 4-8-25 @ 2:30 pm</p>		 <p>The Renaissance at The Terraces Acts Where loving-kindness lives</p>	

SUN	MON	TUE	WE
 <p>Happy Passover</p> <p>Saturday April 12</p> <p>9:30 Catholic Communion (Room to Room) 6</p> <p>10:30 Bingo (REN MLT)</p> <p>10:45 St. Leo's Church Run (LOB)</p> <p>1:00 Snack Cart</p> <p>2:00 Non Denominational Church Service (REN MLT)</p> <p>4:30 Evening Movie (Channel 9023)</p>	 <p>Happy Easter</p> <p>Sunday April 20</p> <p>10:00 One-on-One (SNF LIV2) 7</p> <p>10:00 Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>1:30 Gardening week Starts (CRT)</p> <p>2:00 Happy Hour (REN Parlor)</p>	<p>April Fool's Day</p> <p>10:00 Daily Chronicle (REN MLT) 1</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Trivia Time (REN MLT)</p> <p>3:00 Great Pyrenees Pet Therapy</p> <p>3:00 New Chorale of SWF (PAC)</p> <p>10:00 Daily Chronicle (REN MLT) 8</p> <p>10:00 St. Leos Mass (MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Trivia Time (REN MLT)</p> <p>2:30 Therapeutic Art w/ Pamela (REN MLT)</p> <p>3:00 Pet therapy w/ Teddy (SNF LIV3)</p>	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>3:00 Pet therapy (REN MLT)</p>
<p>Palm Sunday Passover</p> <p>9:30 Catholic Communion (Room to Room) 13</p> <p>10:30 Bingo (REN MLT)</p> <p>10:45 St. Leo's Church Run (LOB)</p> <p>1:00 Snack Cart</p> <p>2:00 Sit 'n Be Fit (REN MLT)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>10:00 One-on-One (SNF LIV2) 14</p> <p>11:30 Crosswords (REN MLT)</p> <p>11:00 One-on-One (SNF LIV3)</p> <p>11:00 Movin & Groovin Music Program (SNF LIV2)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Happy Hour (REN Parlor)</p>	<p>10:00 Daily Chronicle (REN MLT) 15</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Trivia Time (REN MLT)</p> <p>3:00 Pet Therapy w/ Brody (SNF LIV3)</p>	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Easter Arts (REN MLT)</p> <p>3:00 Conversations (REN MLT)</p>
<p>Easter</p> <p>9:30 Catholic Communion (Room to Room) 20</p> <p>10:00 Easter egg Hunt (REN MLT)</p> <p>10:30 St Leo's Easter Prayer Service (MLT)</p> <p>10:30 Bingo (REN MLT)</p> <p>10:45 St. Leo's Church Run (LOB)</p> <p>1:00 Snack Cart</p> <p>2:00 Non Denominational Church Service (REN MLT)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>10:00 One-on-One (SNF LIV2) 21</p> <p>10:00 Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Happy Hour (REN Parlor)</p>	<p>Earth Day</p> <p>10:00 Daily Chronicle (REN MLT) 22</p> <p>10:00 Nurse Bob Music (SNF LIV2)</p> <p>10:00 St. Leos Mass (MLT)</p> <p>10:30 Nurse Bob Music (SNF LIV2)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Trivia Time (REN MLT)</p> <p>3:00 Empath Home Health (MLT)</p>	<p>10:00 Daily Crosswords (REN MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Jim and Lynn Music (MLT)</p> <p>3:00 Jim and Lynn Music (SNF LIV2)</p> <p>4:00 Dr. Cimarusti (PAC)</p>
<p>9:30 Catholic Communion (Room to Room) 27</p> <p>10:30 Bingo (REN MLT)</p> <p>10:45 St. Leo's Church Run (LOB)</p> <p>1:00 Snack Cart</p> <p>2:00 Sit 'n Be Fit (REN MLT)</p> <p>4:30 Evening Movie (Channel 9023)</p>	<p>10:00 One-on-One (SNF LIV2) 28</p> <p>10:00 Crosswords (REN MLT)</p> <p>11:00 One-on-One (SNF LIV3)</p> <p>11:00 Movin & Groovin Music Program (SNF LIV2)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Happy Hour (REN Parlor)</p>	<p>10:00 Daily Chronicle (REN MLT) 29</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 Trivia Time (REN MLT)</p>	<p>10:00 Daily Crosswords (REN MLT)</p> <p>10:00 Painting with Music (MLT)</p> <p>11:00 Sit 'n Be Fit (REN MLT)</p> <p>1:00 Snack Cart</p> <p>2:00 The History of Jazz Music (REN MLT)</p>

April 2025

Renaissance Skilled Nursing

WED		THUR		FRI		SAT	
(REN e Fit (REN MLT) art e Residents SNF (REN MLT) apy w/ Sadie)		2	10:00 Daily Crosswords (REN MLT) 11:00 Movin & Groovin Music Program (SNF LIV2) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 BINGO (REN MLT)	3	10:00 Bible Study (REN LOB) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Val's Club (REN MLT) 7:00 Evening Movie (Channel 9023)	4	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Assorted Game Time Activity (REN MLT) 2:00 Temple Of Shalom Service (REN MLT) 7:00 Evening Movie (Channel 9023)
ls (REN Be Fit (REN Cart rapy w/ Sadie 2)		9	10:00 Daily Crosswords (REN MLT) 10:00 Alzheimer's Support Group (MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 BINGO (REN MLT)	10	10:00 Bible Study (REN LOB) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Armchair Travel " Columbia" (REN MLT) 7:00 Evening Movie (Channel 9023)	11	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Assorted Game Time Activity (REN MLT) 5:00 Seder Dinner and Prayer Service (PAC) 7:00 Evening Movie (Channel 9023)
(REN e Fit (REN MLT) art rts and Crafts) ations W/ Flo)		16	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 BINGO (REN MLT)	17	Good Friday 10:00 Bible Study (REN LOB) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Jewelry Making Session (REN MLT) 3:00 Pet therapy w/ Simba (REN MLT) 7:00 Evening Movie (Channel 9023)	18	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Assorted Game Time Activity (REN MLT) 7:00 Evening Movie (Channel 9023)
swords t (REN nn Music (REN nn Music (SNF rusti Talks....		23	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 BINGO (REN MLT) 3:00 Pet therapy w/ Teddy (REN MLT)	24	10:00 Bible Study (REN LOB) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 International Chernobyl Remembrance Day (REN MLT) 7:00 Evening Movie (Channel 9023)	25	10:00 Daily Crosswords (REN MLT) 11:00 Sit 'n Be Fit (REN MLT) 1:00 Snack Cart 2:00 Assorted Game Time Activity (REN MLT) 7:00 Evening Movie (Channel 9023)
(REN g w/ Jenn (REN e Fit (REN MLT) art tory and Soul of (REN MLT)		30	 Tuesday, April 22		<p>Location Key: MLT: Multipurpose Room REN: Ren Parlor (2nd FI Dining) SNF: Skilled Nursing (2nd or 3rd) PAC: IL Performing Arts Center</p>		<p>Programs are subject to change please check the daily boards on each floor.</p>



Concierge	239-949-7555
Guard House	239-949-7842
Salon and Spa	239-949-7850
De Leon Dining Room	239-949-7558
Bistro Dining	239-947-7508
Executive Director	239-949-7560
Executive Assistant	239-949-7561
Director of Residential Services	239-949-7563
Director of Plant Operations	239-949-7569
Director of Lifestyles	239-949-7567
Fitness & Wellness Coordinator	239-949-7568
Director of Marketing	239-949-7853
Billing Manager	239-949-7564
Business Office Manager	239-949-7562
Marketing Main	239-949-7852
Director of Dining Services	239-949-7565
Executive Chef	239-949-7566
Renaissance Concierge	239-949-7858
Healthcare Administrator	239-949-7570
Director of Nursing	239-949-8001
Director of Therapy	239-949-7557
Director of Assisted Living	239-949-7571
Assisted Living & MC Marketing	239-949-7853

Terrace Trips

Tuesdays, Thursdays:

Medical transportation by appt & availability

Friday: Banking and Pharmacy: 10am
or by availability

Airport Trips: Reservation & Availability



26455 S Tamiami Trail
Bonita Springs, Florida 34134
239-949-7555
www.theterracesatbonitasprings.com
ALF # 12385

Clinic & Other On-Site Physicians

Dr. Jim Liu every Mon. & Wed.

9:00 am - 5:00 pm (1-904) 990-4001 - clinic

Dr. Sajid Wazir (239) 591-5979

Dr. Brooke Austin and Dr. Gregory Mazur
(Podiatrists)- Once per month on Fridays (Clinic)
- Resident Service Director to schedule appointments.

Dr. Patricia Pavlos, DDS - **Mobile Dentistry** (239)
598 - 3032

Brittany Vogt, PA On Site Dermatology (1-877)
345-5300

Resident Council Committee Meetings

Lifestyles Committee ...1st Wednesday of the Month
at 10:00am - Sunset Lounge

Finance Committee ... 3rd Thursday of the Month at
10:00am - Admin Conference Rm

Food and Beverage Committee ... 3rd Monday of the
Month at 10:00am - Admin Conference Rm

Campus and Facilities Committee ... 2nd Thursday of
the Month at 10:30am—Sunset Lounge

Marketing Committee ... 2nd Monday of the Month at
10:00am - Admin Conference Rm

Coffee & Conversations

2nd Wednesday each month

9:30 and 10:30 am

Sunset Lounge



Monthly check-in with our Resident
Services Director, James Scobey. See binder
to sign up for your session!

